June 15, 2-5pm Online

Inter-Modality in EXAT: Understanding the clinical framework of the intentional shift between modalities

This course will explain why expressive arts therapy uses different artistic modalities, how we do it, and what the ultimate goal of this resource is. It is designed for therapists, social workers, and people who want to use the arts as a therapeutic method. Its main objective is to explain why shifting modalities in a session is important and what we can obtain from it.

Learning objectives:
- What is intermodal transfer in expressive arts therapy, and what is its purpose?
- In what phase of the session is it used?
- The role of intuition and sensitivity.
- Participants will explore different ways and multiple artistic combinations to understand the multiplicity of paths that the arts offer us.

Course fee: $150

To register please send form and fee payment to: *admin@thecreateinstitute.org*

Zoom link will be sent closer to the date

Instructor:
Daniela Garcia, MA, ExAT

Expressive Arts Therapist from The Create Institute in Toronto and The European Graduate School in Saas-Fee in Switzerland, with experience in bioenergetic psychotherapy, movement, and yoga.

Before discovering her passion for the Expressive Arts field, Dani also accumulated 10+ years of professional experience in the fields of entertainment and advertising. She has a long record of bringing organizational sense to diverse creative and social projects in the areas of fundraising, community work, and institutional cooperation for the arts.

Over the last few years, she has joined children, adults, and elders in their enlightening process of self-discovery and facilitated expressive arts groups at the YWCA for women and gender-diverse people who have experienced violence. Dani is Create Institute's Practicum Coordinator and faculty member.

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