

**Approved Clinical or DCC Practicums List
(2025-2026)** Last updated March 5, 2026

1. Agency or Practicum Site: YWCA Toronto Girls and Family Centre: Here to Help program

Address: 3090 Kingston Rd., Suite 101

Main Intersection: Kingston Rd & McCowan Rd

Transportation: accessible by public transit? Yes

On-Site Contact person: Maria Palma

Email Address: MPalma@ywcatoronto.org

Site Description: YWCA Toronto – Here to Help is a free 12-week parenting program in South Scarborough for children 4-16 years of age and their mothers who have been exposed to abuse. We support children and their mothers through the healing process.

Population: Women, gender diverse people, and children. Groups for the parent and child are offered concurrently. Children are placed in a group according to their age.

Dinner and transportation are provided for participants when in person.

Placement students would be required to have experience working with children.

This practicum may be offered as a paid opportunity, but the organization has not yet confirmed whether compensation will be provided.

Format: In person

Setting: Group setting

Number of Students required: 3 students per session

Time Commitment: (Days of the week & schedule)

The Here to Help program is held three times a year. Fall, Winter, and Spring sessions on Tuesday from 5:00 pm - 9:00 pm

Winter session 2026: January 13th – March 24th

Spring Session 2026: March 31st – June 23rd

Materials and supplies: Yes

Supervision by an RP: No. Students must hire external supervision.

Access to a workspace for planning and debriefing: Yes

Training provided: Yes

Application Requirements:

Resume and cover letter

Application Process: Please send your resume and cover letter via email to Maria Palma at MPalma@ywcatoronto.org. Applications are accepted year-round, with interviews scheduled on a rolling basis.

Eligible Students: For the third year only

2. Agency or Practicum Site: YWCA Toronto Girls and Family Centre: Breakthrough Program - reviewed

Address: 80 Woodlawn Ave. E

Main Intersection: Yonge and St. Clair

Transportation: accessible by public transit? Yes

On-Site Contact person: Anna Isacson and Melissa Foong

Email Address: breakthrough@ywcatoronto.org

Site Description: The Breakthrough Program offers group support for women and gender-diverse folks who have experienced any form of violence at any point in their life (childhood to adulthood).

We work using the arts, mindfulness, and body-based practices to respond to the effects of trauma. As a trauma-informed program, it offers a way to connect with the present moment instead of going back to what has happened.

Population: Women, gender diverse, non-binary, and trans people.

Format: In person.

Setting: Group setting

Number of Students required: 1-2

Time Commitment: 8-10 weeks, 3 hours a week

The program is offered three times a year: Winter (January-March), Spring (April-June), and Fall (September-December).

Materials and supplies: Yes

Supervision by an RP: No

Access to a workspace for planning and debriefing: Yes

Training provided: No

Application Requirements:

Resume, cover letter, and a current Vulnerable Sector Check (must be valid within 1 year of start date)

Application Process: Please send your resume and cover letter via email to the Breakthrough team at breakthrough@ywcatoronto.org. Breakthrough will send an email request for student applications when space is available.

Eligible Students: For the second and third year only

3. Agency or Practicum Site: The Gatehouse House

Address: 3101 Lake Shore Blvd W., Toronto, ON, M8V 3W8

Main Intersection: Lake Shore Blvd W and Kipling Ave (Etobicoke)

Transportation: accessible by public transit? Yes

On-Site Contact person: Maria Barcelos and Zada Jaffe

Email Address 1: mbarcelos@thegatehouse.org

Email Address 2: zada@thegatehouse.org

Site Description:

The Gatehouse Child Abuse Investigation and Support Site is a unique, community-based charitable organization that envisions a future where those impacted by childhood sexual abuse (CSA) can heal and reclaim their voices. Our mission is to provide a range of both informal and formal support and resources and build a community for CSA survivors. For the past 25 years, The Gatehouse continues to provide a safe, comfortable space for survivors to feel heard, supported, and believed. The Gatehouse offers peer-led trauma informed support group programs and individual support for CSA survivors. The Gatehouse is utilized by police and child welfare agencies to interview children and their families in alleged child abuse cases. The Gatehouse serves adult CSA survivors and their support persons/partners with a focus on developing and implementing coping skills that enable them to transform their lives. The Gatehouse offers training, mentoring, information regarding best practice guidelines to support CSA survivors and works collaboratively with other community agencies on national and international levels. The Gatehouse is a leader in the field of addressing CSA trauma and continues to serve with credible leadership, demonstrating values of integrity and equality and offering accessible resources.

Population: Adult Survivors of Childhood Sexual Abuse

Format: In-person

Setting: group setting

Number of Students Required: 1 student

Time Commitment: (Days of the week & schedule)

(8) weeks, 3 hours once a week

In-person group from 11:30 am to 2:30 pm on Mondays

Group starts on January

Practicum Type: (DCC)

Materials and supplies: Yes

Supervision: No. Students are responsible for hiring external supervision.

Access to a workspace for planning and debriefing: yes

Training provided: yes

Practicum Description:

We are seeking one dedicated and compassionate student to assist our art therapist in providing art therapy services for adult survivors of childhood sexual abuse. As an Expressive Arts Therapy Student, you will play a crucial role in supporting the therapeutic process through creative expression and empathetic communication.

Responsibilities:

- Assist the art therapist during art therapy sessions by helping set up art materials, ensuring a safe and conducive environment, and providing clients guidance or assistance as needed.
- Engage in active listening during group expressive art therapy sessions, providing a supportive and non-judgmental space for clients to express themselves through their artwork and words.
- Recognize the importance of nonverbal communication in art therapy and encourage clients who may find it challenging to express themselves verbally to utilize art as a means of communication.
- Collaborate with the group to identify and understand their therapeutic goals and objectives throughout the group sessions.

Encourage clients to explore and use various art mediums and techniques to express their emotions, thoughts, and experiences.

- Assist in maintaining accurate and organized records of art therapy sessions, ensuring client confidentiality and compliance with The Gatehouse protocols.
- Provide emotional support to clients during the art therapy process and communicate any concerns or observations to The Gatehouse staff on site.
- Understand and adhere to professional boundaries while interacting with clients and always maintain ethical practices.
- Assist in tracking the progress of clients' therapeutic goals and objectives, documenting improvements and areas that may need further attention.

Qualifications:

Enrollment in an art therapy program or a related field such as counseling or psychology.

Knowledge of art therapy principles, techniques, and ethical considerations.

Strong interpersonal skills with the ability to connect and empathize with diverse populations

Application Requirements:

Resume and cover letter

Application Process: Please send your resume and cover letter via email to Zada Jaffe and Maria Barcelos at **Email Address 1:** zada@thegatehouse.org and **Email Address 2:**

mbarcelos@thegatehouse.org

Applications are accepted year-round, with interviews scheduled on a rolling basis, and when your practicum director shares an available position.

Eligible Students: For the second and third year only

4. Agency or Practicum Site: LOFT Community Services - Spencer High Supports

Address: 32 Spencer Ave

Main Intersection: King St and Dufferin Ave

On-Site Contact Person: Rachel Hoole

Email Address: rhoole@loftcs.org

Site Description: (What does this agency offer, and what is its work approach?)

Spencer High Support Housing provides permanent housing and residential support for adults living with mental health challenges who were homeless and identify as transgender, non-binary, or gender expansive. The Spencer High Support Program accepts referrals from the City of Toronto's Coordinated Access Program. The site offers 24/7 staffing, and each resident is assigned a Community Support Worker who helps individuals determine their daily living needs and works alongside them to develop support plans, goals, pathways to harm reduction, and crisis plans. Community Support Workers also provide support to individuals as they navigate the social services and healthcare systems. Our site also has a Life Enrichment Worker who plans and executes all social, educational, and therapeutic programming for residents. The Art Therapy practicum will be a part of Life Enrichment Services at Spencer.

Population: Adults living with mental health challenges and who were homeless and identify as transgender, non-binary, or gender expansive.

Format: In-person

Setting: Group setting

Number of Students required: 2

Time Commitment: (Days of the week & schedule)

Either Mondays or Wednesdays. It should be the same hour every week, but once students are confirmed, they can work with the site supervisor to decide what time of day.

Type of Practicum: DCC

Materials and supplies: Yes

Supervision by an RP: No. Students need off-site supervision, but the site contact will guide, support, and oversee them.

Access to a workspace for planning and debriefing: No

Training provided: No

Additional Information: This is a high needs and high supports house, thus students signing up for this practicum are encouraged to consider their capacity for experiencing incidents regarding substance use and mental illness that can occur in group settings prior to applying. That being said we will always have a staff member on site for any emergencies, students will not be expected to be a first responder at any given time.

Students will have access to all art supplies and materials on site. However, said materials are a collection of many years and not necessarily cohesive. We are hoping to find students who are up to the challenge of working with what we have!

Turnout for group programming at this site can be a challenge; the students who accept this placement will be given the opportunity to brainstorm alongside our Life Enrichment Worker for methods of promotion.

We are looking for students who are not only willing but excited by the added challenge of tailoring art programming specifically to the Trans and Gender Expansive experience.

As written in this form, we are hoping to host the art therapy group for roughly an hour and a half every week. Ideally on Monday or Wednesday. However, given the nature of this site, we are looking for students who are flexible and would be willing to begin at an hour and a half, and potentially adjust the duration depending on client response (trial and error tend to work best when executing programming).

Application Requirements:

Resume and cover letter

Application Process: Please send your resume and cover letter via email to **Rachel Hoole** at rhoole@loftcs.org. Applications are accepted year-round, with interviews scheduled on a rolling basis. However, for the next available position, applications will be accepted from September 10 to September 30.

Eligible Students: First-, second, and third-year students.

5. Agency or Practicum Site: Hospice Toronto

Address: 120 Eglinton Ave. E suite 500

Main Intersection: Eglinton and Yonge

Transportation: accessible by public transit? Yes

On-Site Contact person: Daphne Browne

Email Address: expressive.arts@hospicetoronto.ca

Site Description: Hospice Toronto is a volunteer-based organization that provides compassionate at home care and support for people and their loved ones through all phases of their life-threatening illness, at no charge.

HT works on a care-team model meeting the needs of people who choose to live at home as long as possible with their loved ones. HT offers: In-home hospice services, Grief and Bereavement Support, Young Carers Program, Community Based Day Hospice Program, Creating Caring Communities Program, Seniors programs and Expressive Arts Therapy Program.

The Expressive Arts Therapy program provides services across all of Hospice Toronto programming first, as well as with Partner Organizations whose goals align with HT. The first is to support all HT.

Some organizations that the Expressive Arts Therapy Program at HT partners with are:

PWA (People with Aids Foundation)

ACT (Aids Committee of Toronto)

ACAS (Asian Community Aids Services)

PASAN

Maggie's Toronto

Dixon Hall

Latinos Positivos

St James Town Seniors

Trinity Church Hub (Arts-Based Facilitation)

WINK Sherbourne Health

Format: In person & Online

Setting: One on one & group setting

Number of Students required: 4 - 9

Time Commitment: (Days of the week & schedule) TBD by student and site coordinator

Materials and supplies: Yes

Supervision by an RP: No. This practicum site does not provide clinical supervision by a Registered Psychotherapist (RP). Instead, your work will be overseen by a manager who is an Expressive Arts Therapist. This means you will still have on-site support and guidance, but you will need to arrange your clinical supervision separately with an RP for DCC hours and a qualified supervisor for art-based hours.

Access to a workspace for planning and debriefing: Yes

Application Requirements:

Resume and cover letter on submission. Include areas of interest in the cover letter. Once accepted, references, a police check, and a photo are required.

Application Process: Please send your resume and cover letter via email to Daphne Browne at expressive.arts@hospicetoronto.ca

Applications are accepted year-round, with interviews scheduled on a rolling basis. The best time(s) of year for students to submit applications: Varies. We prefer to notify school when we are accepting new submissions. But we will always review when submitted.

Eligible Students: For the second and third year only for DCC programs.

Accepting Year 1 students for Trinity Church Hub (Arts-Based Facilitation)

6. Agency or Practicum Site: Margarets.ca

Address: 301 Broadview Ave, Toronto, ON

Main Intersection: Gerrard & Broadview

Transportation: accessible by public transit? Yes

Site Description & Population: Supported residence for 14 women living in a kinship model and two crisis beds. There is a large garden, a gazebo outside, and a food bank on site.

The women who live here could be included in the area of the Controlled Act of Psychotherapy. The residents thrive more with supported living. In person EXAT could be possible according to comfort and the agreements of the ExAT team.

* To do a practicum placement at Margaret's with Terri requires a paragraph about why you would want to do a placement at Margaret's and a current curriculum vitae.

Contact: Terri Robertson

Email Address: infabconsulting@gmail.com

Format: In-person & Online

Setting: Group setting

Number of Students Required: 6-8

Time Commitment: (Days of the week & schedule) Depends on the location

Materials and supplies: Yes

Supervision: Yes

Access to a workspace for planning and debriefing: Yes

Training provided: Yes

Other Locations

301 Broadview Ave, Toronto, ON

Main Intersection: Gerrard & Broadview

Margaret's Expressive Arts Program

Supervisor: Terri Robertson, RP

Email: infabconsulting@gmail.com

Transportation: accessible by public transit? Yes

Site Description & Population: Supported residence for 14 women living in a kinship model and two crisis beds. There is a large garden, a gazebo outside, and a food bank on site. 0 tolerance environment

The women who live here generally qualify in the regulated area of the Controlled Act of Psychotherapy, so needs an RP supervisor competent in this area, and the practicum hours are DCC. The residents thrive more with supported living. In-person EXAT only. -

* To do a practicum placement at Margaret's with Terri requires a paragraph about why you would want to do a placement at Margaret's and a current curriculum vitae. Women student therapists only.

Format: In-person

Setting: Open Area Drop-In style

Number of Students Required: 3 maximum

Time Commitment: Tuesday or Thursday, 6-8 pm, depending on when students are available consistently. One-year commitment

Materials and supplies: Yes

Supervision: Yes

Access to a workspace for planning and debriefing: Yes

Training provided: Yes

Application Requirements:

CV and paragraph on why you would want to work with this population

Application Process: Please send your cv and paragraph via email to Terri Robertson at infabconsulting@gmail.com

Applications are accepted in September/October for a consistent year commitment

Eligible Students: For first, second, and third years

323 Dundas St. East

Main Intersection: Dundas East & Sherbourne

Margaret's Expressive Arts Program

Supervisor: Terri Robertson, RP

Email: infabconsulting@gmail.com

Transportation: accessible by public transit? Yes

Client population: Low barrier drop-in with low-income adults, Concurrent Disorders present. Excellent experience working in the regulated area of the controlled act of psychotherapy. DCC

Format: In-person

Setting: Open Area Drop-In style

Number of Students Required: 5 maximum

Time Commitment: Sunday, 12:30-3:30, with in-person supervision from 3:00-4:00. Year commitment

Materials and supplies: Yes

Supervision: Yes

Access to a workspace for planning and debriefing: Yes

Training provided: Yes

Application Requirements:

CV and paragraph on why you would want to work with this population

Application Process: Please send your cv and paragraph via email to Terri Robertson at infabconsulting@gmail.com

Applications are accepted in September/October for a consistent year commitment

Eligible Students: For first, second, and third years

17 Winchester

Main Intersection: Parliament & Winchester

Margaret's Expressive Arts Program

Supervisor: Terri Robertson, RP

Email: infabconsulting@gmail.com

Transportation: accessible by public transit? Yes

Client population: A residence for 35 women who need support.

Serious mental health issues present. Excellent opportunity for experience working in the regulated area of the act of psychotherapy.

Format: In-person

Setting: Open Area Drop In style

Number of Students Required: 3 maximum

Time Commitment: 6-8 pm on Thursdays, depending on when students are available consistently.

Year commitment

Materials and supplies: Yes

Supervision: Yes

Access to a workspace for planning and debriefing: Yes

Training provided: Yes

Application Requirements:

CV and paragraph on why you would want to work with this population

Application Process: Please send your cv and paragraph via email to Terri Robertson at infabconsulting@gmail.com

Applications are accepted in September/October for a consistent year commitment

Eligible Students: For first, second, and third years

877 Yonge St.

Margaret's Expressive Arts Program

Supervisor: Terri Robertson, RP

Onsite Team Lead: José Echezuria

Client population: A residence for 160 low-income newly housed adults

Possible mental health and/or physical health issues, developmental issues, and or concurrent disorders.

Excellent opportunity for working in the regulated area of the controlled act of psychotherapy.

Format: In-person

Setting: Open Area Drop-In style

Number of Students Required: 1 maximum

Time Commitment: 3:30-5:00 p.m., Tuesdays. One-year commitment.

Materials and supplies: Yes

Supervision: Yes

Access to a workspace for planning and debriefing: Yes

Training provided: Yes

Application Requirements:

CV and paragraph on why you would want to work with this population

Application Process: Please send your cv and paragraph via email to Terri Robertson at infabconsulting@gmail.com

Applications are accepted in September/October for a consistent year commitment

Eligible Students: For first, second, and third years

7. Agency or Practicum Site: ALPHA Alternative School

Address: 20 Brant St.

Main Intersection: King and Spadina

Transportation: accessible by public transit? Yes

On-Site Contact person: Diane Hamilton

Email Address: diane.hamilton@tdsb.on.ca

Site Description: Elementary school in the TDSB, a democratic alternative school, from kindergarten to grade 6

Population: kids aged 6 to 12

Format: In person

Setting: one-on-one

Number of Students required: Two student therapists to work with four individuals (45-minute sessions with each).

Time Commitment: (Days of the week & schedule)

All-day Friday = From 9 am to 3 pm. Days of work can be negotiated with the contact site.

Materials and supplies: Yes

Supervision: No. Students need off-site supervision by an RP.

Access to a workspace for planning and debriefing: Yes

Training provided: No

Application Requirements:

Resume and cover letter

Application Process: Please send your resume and cover letter via email to Diane Hamilton at diane.hamilton@tdsb.on.ca

Applications are accepted year-round, with interviews scheduled on a rolling basis.

Eligible Students: For the second and third year only

8. Agency or Practicum Site: Stonegate Community Health Centre.

Address: 10 Neighbourhood Lane Unit 201 Toronto (Etobicoke) ON

Main Intersection: Queensway and Parklawn

Transportation: accessible by public transit? Yes

On-Site Contact person: Meena Chadha

Email Address: coziedup@outlook.com

Site Description: Stonegate Community Health Centre (SGCHC) works to improve the well-being of the Etobicoke community. SGCHC has the following services: medical; counselling; dietician; early years; good food market; dentistry; and senior services. The staff and board work together to identify individual and community needs. With the information, SGCHC works to respond to community and individual needs by providing accessible and inclusive health services and programs.

This placement requires adaptability, emotional range, critical thinking, and a deep understanding of how systemic oppression and poverty shape the therapeutic encounter.

We are seeking a student who is interested in community-based client centered work with individuals whose lived experiences sit outside of the dominant psychotherapy frameworks — particularly those who do not identify with the white, Western, Anglo-Saxon, industrialized, educated, democratic population for whom psychotherapy was historically designed. Our clients often experience the violence of poverty, housing insecurity, systemic neglect, and cultural or linguistic marginalization.

Population: seniors, families, adults

Format: In person

Setting: Group setting

Number of Students required: 2

Materials and supplies: Yes

Supervision by an RP: No

Access to a workspace for planning and debriefing: Yes

Training provided: No

Application Requirements:

Resume and cover letter

Application Process: Please send your resume and cover letter via email to **Meena Chadha** at coziedup@outlook.com

Applications are accepted year-round, with interviews scheduled on a rolling basis.

Eligible Students: For the second and third year only

9. Agency or Practicum Site: CultureLink Settlement and Community Services.

Address: 2340 Dundas St W, Suite 301, Toronto, ON M6P 4A9

Main Intersection: Dundas St W & Bloor St W

Transportation: accessible by public transit? Yes

On-Site Contact Person: Siu Yip (Daniel) Tai

Email Address: stai@culturelink.ca

Site Description: (What does this agency offer, and what is its work approach?)

CultureLink is an IRCC-funded settlement service provider supporting newcomers to Canada through various programs. We assist them in finding employment, navigating the school system, developing essential skills, and making new connections within their local community.

The placement opportunity will focus on our Mental Health Program, where we provide brief counseling to newcomers with complex needs, as well as mental wellness group sessions that promote resilience and offer self-care and coping strategies through innovative approaches, such as the use of art. The placement student will be able to utilize and practice Expressive Art Therapy to serve newcomers in a group setting.

Population: Newcomers - adults

Format: In-person & online

Setting: group setting & 1:1

Number of Students required:

Time Commitment: (Days of the week & schedule)

1-2 days a week from Mon to Fri (Our office operates from 10 am to 6 pm). This will be defined by the contact site and the student's availability.

Type of Practicum: Arts-Based Facilitation & DCC

Materials and supplies: Yes

Supervision: Supervision provided by a social worker valid for arts-based facilitation. An off-site RP must supervise DCC hours.

Access to a workspace for planning and debriefing: yes

Training provided: Yes

Application Requirements:

Resume and cover letter

Application Process: Please send your resume and cover letter via email to Siu Yip (Daniel) Tai at stai@culturelink.ca. **This practicum has been approved; however, no placements are currently available. We'll update the list as soon as we receive official confirmation from the site, so please check back for future opportunities.**

Applications are accepted year-round, with interviews scheduled on a rolling basis.

Eligible Students: For the second and third year only

Notes: The placement student must obtain a satisfactory Vulnerable Sector Screening Police Reference Check. CultureLink can provide supervision by a BSW staff member for non-clinical art-based practicums.

10. Agency or Practicum Site: Stedman Community Hospice

Address: 445 Grey St | Brantford, ON | N3S 6X1

Transportation: accessible by public transit? Yes

On-Site Contact Person: Josie Lopes

Email Address: jlopes@stedmanhospice.ca

Site Description: (What does this agency offer, and what is its work approach?)

The largest Long Term Care Home in Brantford & Brant County - 205 beds

Population: multicultural adults

Format: In-person

Setting: Group setting

Number of Students required: 1

Time Commitment: (Days of the week & schedule)

Type of Practicum: Arts-Based Facilitation & DCC

Materials and supplies: Yes

Supervision by an RP:

Access to a workspace for planning and debriefing: yes

Training provided: Yes

Application Requirements:

Resume and cover letter

Application Process: This practicum has been approved; however, no placements are currently available. We'll update the list as soon as we receive official confirmation from the site, so please check back for future opportunities.

Applications are accepted year-round, with interviews scheduled on a rolling basis.

Eligible Students: For the second and third year only

11. Agency or Practicum Site: Chai Lifeline

Address: 302 Wilson Ave

Main Intersection: Bathurst and Wilson

On-Site Contact Person: Melissa Joseph

Email Address: mjoseph@chailifeline.ca

Site Description: (What does this agency offer, and what is its work approach?)

Chai Care clinic offers therapy for clients who are part of Chai Lifeline. These are children, siblings, and parents impacted by cancer, loss, trauma, and chronic illness. They are part of ChaiLifeline for support through social, emotional, and practical care. The Chai Care clinic offers a professional environment for the client's therapy needs. We are looking for an advanced standing student who is comfortable beginning to see clients immediately (with supervision).

Format: In-person

Setting: 1:1

Number of Students required: (1) one

Time Commitment: (Days of the week & schedule)

1 day or two half days. This is to be defined between the agency and the student.

Type of Practicum: DCC

Materials and supplies: Yes

Supervision: Yes

Access to a workspace for planning and debriefing: Yes

Training provided: Yes

Application Requirements:

Resume and cover letter

Professional Liability Insurance and certifications will be requested at the interview.

Application Process: Please send your resume and cover letter via email to **Melissa Joseph** at mjoseph@chailifeline.ca

Applications for March, April, or May are accepted in September

Applications for January are accepted in October

Applications are accepted year-round, with interviews scheduled on a rolling basis.

Eligible Students: For the second and third year only

12. Agency or Practicum Site: Sojourn House

Address: 101 Ontario Street Toronto, ON M5A 2V2

Main Intersection: Queen & Parliament

Transportation: accessible by public transit? Yes

On-Site Contact Person: Andrea Herod

Email Address: aherod@sojournhouse.org

Site Description: Sojourn House Transitional Housing Program for refugee families. This residential program houses around 30 refugee families with children ages 0-13. The program is targeted to support clients within the realms of social services, healthcare, immigration, education, mental health, and more.

Population:

Refugee children ages 4-12

Format: In person

Setting: group setting and 1:1

Number of Students required: 1-2

Time Commitment: (Days of the week & schedule)

Wednesday's 6 pm-7 pm

Individual sessions as per parents' availability

Type of Practicum: DCC for 1:1

Materials and supplies: Yes

Supervision by an RP: No

Access to a workspace for planning and debriefing: yes

Training provided: yes

Application Requirements:

Resume and cover letter. A virtual interview will be completed with the Manager if invited. A Vulnerable Sectors Police Check is required if selected. Policy Forms to be completed upon start, including Conflict of Interest and Confidentiality.

Application Process: Please send your resume and cover letter via email to **Andrea Herod** at aherod@sojournhouse.org.

Applications are accepted in November and June, as we have two different terms for the group: (January-May) and (August-early December).

Eligible Students: Second- and third-year students.

13. Agency or Practicum Site: COSTI Family and Mental Health Services

Agency or Practicum Site: COSTI Immigrant Services, Family Mental Health Services

Address: North York Sheridan Mall, 1700 Wilson Ave, suite 105, North York

Main Intersection: Jane and Wilson

On-Site Contact Person: Lisa van Dijk, Lena De Nicola

Email Address 1: Lena.DeNicola@costi.org

Email Address 2: Lisa.VanDijk@costi.org

Site Description: (What does this agency offer, and what is its work approach?)

COSTI Family Mental Health Services is a non-profit organization that focuses services on newcomer (immigrant and refugee) populations, as well as Canadian-born people for clinical counselling and therapeutic groups.

We are looking for a Spanish-speaking woman (identifying) to be a co-facilitator for the Women's Expressive Arts-based Group starting June 20, 2025 that would meet for 6 weeks on Friday's from 12:30 PM to 3:30 PM. The group runs seasonally as a 6 week program and would continue in the Fall and Winter as well. We want to implement an Expressive Arts group where Create students can bring their ideas and facilitate the group.

Population: Community programs for women, mainly newcomers to Canada, English as a second language.

Format: In-person

Setting: Group Setting

Number of Students required: 1

Time Commitment: (Days of the week & schedule)

Fridays - 12:30 pm to 3:30 pm

Type of Practicum: DCC

Materials and supplies: Yes

Supervision by an RP: NO

Access to a workspace for planning and debriefing: Yes

Training provided: Yes

Application Requirements:

- Resume and cover letter

Notes: The site will ask for a vulnerable sector check. The majority of the clients in the group are Spanish-speaking women. There are already three CREATE students currently co-facilitating this program and a Spanish-speaking facilitator is required as well.

Application Process: This practicum has already been approved; however, no placements are currently available. We'll update the list as soon as we receive official confirmation from the site, so please check back for future opportunities.

Eligible Students: Second- and third-year students.

14. Agency or Practicum Site: Family Service Toronto

Address: 355 Church Street

Main Intersection: Carlton and Church

Transportation: accessible by public transit? Yes

On-Site Contact person: Nicole Chow

Email Address: NicoleCh@familyservicetoronto.org

Site Description: Community based counselling services. familyservicetoronto.org

Population: Women-identified adults (Violence against women)

Format: In person

Setting: Group Setting

Number of Students required: 1-2

Materials and supplies: Yes

Supervision by an RP: Yes

Access to a workspace for planning and debriefing: Yes

Training provided: Yes

Application Requirements:

- Resume and cover letter

Application Process: Please send your resume and cover letter via email to **Nicole Chow** at NicoleCh@familyservicetoronto.org

Applications are accepted year-round, with interviews scheduled on a rolling basis.

Eligible Students: Second- and third-year students.

15. Agency or Practicum Site: ARMAGH– Oakville/Mississauga & Brampton Area

Address: 1801 Lakeshore Road West, Mississauga (P.O. Box)

Main Intersection: 2 Locations - Please see comments.

Transportation: accessible by public transit? Yes

On-Site Contact Person: Bruno Peixoto Pereira

Email Address: Bruna@armaghhouse.ca

Site Description: (What does this agency offer, and what is its work approach?)

The address listed above is our P.O. Box Office. The site's physical location will be given to any successful candidates.

Armagh is a second-stage transitional housing shelter that offers housing to women and their families fleeing GBV and IPV. Our program in Mississauga lasts two years. During that time, women work collaboratively with their team of transitional housing support workers and child and youth workers to achieve their goals, such as getting an education, acquiring a job, healing, working through legal struggles, gaining citizenship, etc.

Population: Child (3+) and Youth (12+)

Format: In-person

Setting: 1:1

Number of Students Required: 1-3 students (See details below)

Time Commitment: (Days of the week & schedule)

The schedule is flexible: Monday, Tuesday, Thursday, and Friday afternoons/evenings, weekends can be discussed.

Type of Practicum: DCC

Materials and supplies: No (to be discussed with contact site)

Supervision by an RP: No

Access to a workspace for planning and debriefing: yes

Training provided: Yes

Application Requirements:

Resume and cover letter

Application Process: Please send your resume and cover letter via email to **Bruna Peixoto Pereira** at Bruna@armaghhouse.ca

Applications are accepted year-round, with interviews scheduled on a rolling basis.

Eligible Students: Second- and third-year students.

16. Agency or Practicum Site: ACCESS ALLIANCE

Address: 340 College St., Ste. 500, Toronto, ON M5T 3A9

Main Intersection:

Transportation: accessible by public transit? Yes

On-Site Contact Person: Christen Kong

Email Address: ckong@accessalliance.ca

Site Description: Access Alliance provides services and advocates to improve health outcomes for immigrants, refugees, and their communities, which have been made vulnerable by systemic barriers and poverty-based counseling services. familyservicetoronto.org

We accept students from all years. Ideal Application dates for students, however we are somewhat flexible and can accommodate students that are interested in a placement with us.

- Fall Semester – Apply by July
- Winter Semester - Apply by November
- Summer Semester – Apply by March

Population: Most clients have recently come to Canada as immigrants and refugees. They are a highly diverse group of people in terms of their countries of origin, their ethnocultural backgrounds, the languages they speak, and the circumstances under which they immigrated to Canada.

Format: In person

Setting: Group Setting

Number of Students required: 2-3

Materials and supplies: Yes

Supervision by an RP: No.

Access to a workspace for planning and debriefing: Yes

Training provided: Yes

Application Requirements:

Resume and cover letter

Application Process: Please contact Christen Kong, Health Promoter – Arts for Mental Wellbeing directly if a student is interested at ckong@accessalliance.ca

Christen will meet with the student to assess suitability. Once the meeting is complete, she will connect the student with Danny Ng, Student Placement Coordinator (dng@accessalliance.ca), to complete onboarding items and student orientation.

Step 1: Interested student sends Christen Kong an email with the following: resume and available times to meet.

Step 2: Christen meets with student to assess for suitability.

Step 3: Christen connects student with Danny (placement coordinator) to complete onboarding.

Students will need to provide the following documents to complete the process: Proof of COVID-19, Police reference check, TB test proof, Access Alliance policies read, and student registration form. With additional virtual training:

1. Integrated Accessibility Standards and the Human Rights Code Training (AODA Training)
 - This training is about 20 min and consists of watching 5 videos
 - When you complete this training you're able to save a certificate. Upload it to the Student Registration Form
2. Customer Service Standards
 - This training is about 30-40 minutes and consists of reading/listening
 - When you complete this training you're able to save a certificate. Upload it to the Student Registration Form

Eligible Students: First, Second, and third-year students.

17. Agency or Practicum Site: WOODGREEN COMMUNITY CENTER

Address: 815 Danforth Avenue, suite 100, Toronto, ON, M4J 1L2

Main Intersection: Pape and Danforth

Transportation: accessible by public transit? Yes

On-Site Contact Person: Sara Prowse

Email Address:

Site Description:

Our programs assist adults and children living with developmental disabilities to enhance their independence and quality of life. We provide access to affordable housing, financial counseling, health services, recreational activities, and peer-led support programs for families and caregivers.

Format: In person

Setting: Group Setting and 1:1

Number of Students required: 2-3

Materials and supplies: Yes

Supervision by an RP: Yes

Access to a workspace for planning and debriefing: Yes

Training provided: Yes

Application Requirements:

Resume and cover letter

Application Process: Please send your resume and cover letter via email to **Sara Prowse** at

Practicum positions may be available in 2026. The application process will be announced at that time.

Eligible Students: Second- and third-year students.

18. Agency or Practicum Site: Yonge Street Mission (YSM)

Agency or Practicum Site: Yonge Street Mission (YSM)

Address: 270 Gerrard Street East

Main Intersection: Gerrard and Parliament, Toronto

On-Site Contact Person: Michael Fischhoff

Email Address: mfischhoff@ysm.ca

Site Description: (What does this agency offer, and what is its work approach?)

Yonge Street Mission is a Christian social service provider committed to creating an environment for community members, donors, partners, and staff which upholds our core values and Articles of Faith. Serving a wide variety of community members, YSM supports from the belief every person we meet has immense value and deserves to be treated with respect and dignity.

Create has had a long relationship with YSM and is excited to announce a renewed collaboration for placement. YSM is looking for 1 student to join them in each semester, May, September and January to support their ongoing trauma-informed art therapy groups. The student will co-facilitate these groups for the first three months and then have the opportunity to meet clients in a co-therapy context for individual therapy with another therapist and client. (DCC) YSM will be supporting students through a number of clinical approaches and training opportunities, so it will be a great learning opportunity for anyone interested.

Population: Community members of ages from 6-60 who are impacted by low income and precarious housing.

Format: In-person and online

Setting: 1:1 and Group setting

Number of Students required: One (1) per semester

Time Commitment: (Days of the week & schedule)

Tuesdays from 10 am to 12:00 pm weekly and Thursdays from 3:00 to 4:30 pm, and other times as needed. (These days can change)

Type of Practicum: Art-based & DCC

Materials and supplies: YES

Supervision: NO. Students need to find off-site supervision.

Access to a workspace for planning and debriefing: YES

Training provided: Yes

Application Requirements:

Resume and cover letter

- Covid vaccinations required
- VSC recent to within 2 years
- CPR required (provided onsite as part of placement)
- Mental health first aid required (provided onsite as part of placement)
- Naloxone training required (provided onsite as part of placement)

Application Process: Please send your resume and cover letter via email to Michael Fischhoff at mfischhoff@ysm.ca

Applications are accepted year-round, with interviews scheduled on a rolling basis.

Eligible Students: Second- and third-year students.

Relevant experiences and subjectivities:

Applying students are not required to be part of the Christian faith, but should be open to faith-related dialogue during placement.

19. Agency or Practicum Site: Princess Margaret Hospital

Address: 620 University Ave, Toronto, ON M5G 2C1

Transportation: accessible by public transit? Yes

On-Site Contact person: Megan Wexler

Email Address: megan.wexler@uhn.on.ca

Site Description:

https://www.uhn.ca/PrincessMargaret/PatientsFamilies/Specialized_Program_Services/Pages/car-e-connect.aspx

Provide empathic listening and counseling, information about resources, and medical system navigation for patients and caregivers at Princess Margaret Cancer Center (PM). Provide holistic support through long-term virtual connections in the form of video or telephone calls.

Population: Cancer patients

Format: Online

Setting: 1:1

Number of Students Required: The number of students accepted will depend on the site's current availability.

Time Commitment: (Days of the week & schedule)

TBD with the site.

Materials and supplies: No

Supervision by an RP: No. Students must hire external supervision.

Access to a workspace for planning and debriefing: No

Training provided: Yes—agency-specific training and orientation sessions.

Application Process: Please visit the **Princess Margaret Hospital** website and follow their application instructions. Applications are accepted year-round, with interviews scheduled on a rolling basis.

Eligible Students: For second- and third-year students

20. Agency or Practicum Site: Workman Arts (CAMH)

Address: 1025 Queen St W #2400, Toronto, ON M6J 0A7

Transportation: accessible by public transit? Yes

On-Site Contact person: Olivia Deresti

Email Address: olivia_deresti@workmanarts.com

Site Description: <https://workmanarts.com/>

Workman Arts is a multidisciplinary arts organization that promotes a greater understanding of mental health and addiction issues through creation and presentation. We support artists with lived experience through peer-to-peer arts education, public presentations and partnerships with the broader arts community.

Students facilitate a structured (12-week) in-person group expressive arts sessions for individuals utilizing CAMH client services. Students curate and facilitate structured sessions for Geriatric units A and B with support from recreational therapists and other CAMH clinical staff. Complete group notes and participate in group debriefing.

Type of Practicum: Both DCC and Non-clinical Arts-based

Population: individuals utilizing CAMH client services.

Format: In person

Setting: Group setting

Number of Students required: The number of students accepted will depend on the site's current availability.

Time Commitment: (Days of the week & schedule)

TBD with the site.

Materials and supplies: Yes

Supervision by an RP: No. Students must hire external supervision.

Access to a workspace for planning and debriefing: Yes

Training provided: Yes

Application Requirements:

Resume and cover letter: Must identify as an artist with lived experience of mental health and/or addiction challenges. Peer support training is an asset.

Application Process: Workman Arts opens membership applications annually in the spring and accepts new members in the fall. Membership applications are closed for 2024 and will reopen in 2025, exact dates to be determined.

- Must apply to be a member artist with Workman Arts (must have personal lived experience of mental health or addiction challenges)
- Workman Arts members must attend training orientations and then contact the Art Cart Coordinator and bid on groups to facilitate structured sessions at one or more of the CAMH inpatient units

- OR Workman Arts members can contact the Education Coordinator to facilitate (Arts-based/non-DCC) structured sessions for member artists.

Application link information: <https://workmanarts.com/become-member/>

Eligible Students: For first, second, and third years.

21. Agency or Practicum Site: Canadian Mental Health Association Toronto Carlton House

Address: 213 Carlton Street, Toronto, ON M5A 2K9

On-Site Contact Person: Jana Bent

Email Address: jbent@cmhato.org

Phone Number: 416-7705849

Site Description: (What does this agency offer, and what is its work approach?)

CMHATO – Carlton House-Mental Health & Addictions is a 24/7 transitional shelter program providing mental health, addictions, social service, and case management supports within a family atmosphere, to refugees and asylum seekers with mental health and addictions challenges. The program launched in May 2025 and houses 25 individuals aged 18+ of all genders and orientations. Client referrals to Carlton House were channeled through the City of Toronto’s Shelter Management System as well as other shelters in the GTA supporting refugees and asylum claimants. Carlton House is a pilot program funded by the City of Toronto Shelter Support Services and CMHATO, with direct supervision by CMHATO’s leaders: Maria Boada, Director, Intensive Community Support Services, and Michelle Rehder, Chief Clinical Officer, Clinical Management. The program objective is to support residents for up to 1 year in connecting to all needed services. Students will have the opportunity to facilitate Expressive Arts Therapy 1:1 and in groups under supervision.

Website: www.cmhato.org

Population: Individuals aged 18+ of all genders and orientations.

Format: In-person

Setting: 1:1 and Group setting

Number of Students required:

Time Commitment: (Days of the week & schedule)

Clients are mostly available in the evenings after work on weekdays or on Sunday afternoons.

Type of Practicum: DCC

Materials and supplies: Yes

Supervision: No. Students are required to seek off-site supervision.

Access to a workspace for planning and debriefing: Yes

Training provided: Yes

Application Requirements:

Resume and cover letter

Proof of Liability Insurance

Agency-specific training or orientation sessions

Application Process: Practicum applications for Carlton House can be submitted anytime throughout the year directly to the Program Manager, Jana Bent, via email at jbent@cmhato.org.

There is also a Student Placement portal on the www.cmhato.org website that opens three times a year for students to apply for Fall, Winter, and Summer placements.

Application Link: www.cmhato.org

Eligible Students: 1st, 2nd, 3rd-year students.

Notes: The site will ask for a Police or Vulnerable Sector Check, Agency-specific training, or orientation sessions. There is an extensive list of mandatory training, both online and in person. There is also an expectation of documentation in SBAR forms. The Onboarding process will include clearances for our site and systems. This takes approximately one week to complete.

22. Agency or Practicum Site: Buckingham Manor Retirement Home

Address: 6257 Main Street, Stouffville, ON L4A 4J3

On-Site Contact Person: Jessica Herlyn

Email Address: activities@buckinghammanor.ca

Phone Number: 905-6406660 Ext. 411

Site Description: (What does this agency offer, and what is its work approach?)

Retirement home with residents aged between 60 and 101 years old. Some residents experience cognitive challenges, including Alzheimer’s and Dementia. Students will facilitate a clinical expressive arts group.

Population: Elders

Format: In-person

Setting: Group work

Number of Students required: 2

Time Commitment: (Days of the week & schedule)

Expected start date: February 9, 2026. Days of the week TBD with the site contact. 2 hours weekly.

Type of Practicum: DCC

Materials and supplies: Yes

Supervision: No, students are required to seek off-site supervision.

Access to a workspace for planning and debriefing: Yes

Training provided: Current students facilitating at this site will provide an onboarding.

Application Requirements:

Resume and cover letter

Application Process: Send application materials by email to Jessica Herlyn at activities@buckinghammanor.ca. Applications are accepted year-round, and interviews are scheduled on a rolling basis.

Application Link: N/A

Eligible Students: 2nd, 3rd -year students.

Notes: The site will ask for a Police or Vulnerable Sector Check, and Immunization records

Psychotherapy Clinics (for third-year students only)

1. Agency or Practicum Site: The Create Clinic

Address: 468 Queen St. East

Transportation: accessible by public transit? Yes

Contact person/s: Lesley Swartz and Lee Shields

Email: thecreateclinic@gmail.com

Site Description: The Create Clinic provides accessible and affordable expressive arts therapy to children, youth, adults, couples, and families from diverse backgrounds. It serves people with a wide range of needs in the wider Toronto area. The fee is \$50/hour for individual work. The student

therapy clinic operates from the core principles and theory of expressive arts therapy taught at The Create Institute, including using play and imagination to support one's struggles. Through visual art, movement, music, theatre, poetry, and storytelling, new possibilities emerge, and clients gain awareness of how their resources allow them to overcome obstacles. Art-making in relationships is at the heart of our approach to therapy.

Population: children, youth, adults

Format: online and/or in-person

Setting: one-on-one direct client contact

Time Commitment: based on demand

Materials and supplies: Yes

Supervision by an RP: Yes, supervision is with the Create Institute faculty

Access to a workspace for planning and debriefing: Yes

Application Requirements:

There is an information session for Year 2 students at the beginning of their Term 2, and an information session for Year 3 students at the beginning of Term 1

The intake of new applications is at two specific times of the year:

-Yr 2 applicants can apply in their second term of Yr 2 - They must have taken the Legalities and Ethics for Psychotherapists weekend intensive and have completed the Practice Therapy Session project in the first term of class.

-Yr 3 students can apply in the Fall of Yr 3

Students fill out a Clinic application and receive application results in return

-You will be required to obtain and purchase liability insurance independently before seeing clients.

Application Process: Please send your Clinic application to Lee Shields and Lesley Swartz at thecreateclinic@gmail.com

You will receive application results before you are able to begin.

Eligible Students: For the second and third year only

2. Agency or Practicum Site: PR Therapy

Address: 2386A Bloor Street West, Toronto ON M6S 1P5 - ONLINE

Main Intersection: Jane and Bloor

On-Site Contact Person: Paula Ruiz

Site Description: (What does this agency offer, and what is its work approach?)

Private Practice, offering psychotherapy and counselling services to clients across Ontario.

We work with adults, women, and the BIPOC population. Areas of expertise include: trauma, anxiety, depression, life transitions, relationship challenges, and helping clients navigate illness and loss.

Private Practice, offering psychotherapy and counselling services to clients across Ontario.

I provide clinical supervision in a weekly format (individual / dyad) to students. When possible (if I have enough students), I also provide monthly group supervision to students —mentoring them on various aspects of clinical care. I work from a psychodynamic and trauma-informed lens. The duration of my practicum is typically 8 months, where the student is required to accumulate 200 DCC. Students at my site can begin either in September, January, or May.

Population: Adults, BIPOC

Format: ONLINE

Setting: 1:1

Number of Students Required: 2-4 students will be accepted

Time Commitment: (Days of the week & schedule)

Flexible, however, must be willing to dedicate up to 10-14 hours/ week to practicum activities (direct and indirect hours)

Type of Practicum: DCC

Materials and supplies: No

Supervision by an RP: Yes

Access to a workspace for planning and debriefing: Yes – Online training and consultations are provided.

Training provided: Yes

The site application link: <https://forms.gle/8H2bBUSRkPSZqpJYA>

Application Requirements: Follow the instructions provided in the application link. Applications are accepted year-round, with interviews scheduled on a rolling basis.

- Cover letter and Resume
- Liability Insurance will be requested

Eligible Students: Third Year students only.

3. Agency or Practicum Site: Hakawati Psychotherapy (former Tala El Achkar Private Practice/ TK Psychotherapy)

Address: 1200 Bay Street, 5th Floor, Suite 500, M5R 2A5

Main Intersection: Bay & Bloor

On-Site Contact Person: Tabitha Milne

Site contact email address: hello.hakawati@proton.me

Supervisor: Tala El Achkar - talaelachkar@protonmail.com

Site Description: (What does this agency offer, and what is its work approach?)

As an approved clinical supervisor and practicum site, I offer a well-rounded training experience for those aspiring to build a private practice. With a psychodynamic, trauma-informed, and body-oriented approach, I provide comprehensive individual, dyadic, and group supervision, and the benefit of seeing clients virtually or in person at our downtown Toronto clinic. I also equip students with the tools to thrive in their business practices, through guidance on third-party profile optimization, scheduling software, and general practice management.

For more information on specific practicum components, please visit our

website: www.hakawatipsychotherapy.com

Population: Older Adolescents, Adults, Elders

Format: In-person & online

Setting: 1:1

Number of Students required: 2

Time Commitment: (Days of the week & schedule)

13-17 hours a week- more details on website above and in comments section below

Starting in September 2025

Type of Practicum: DCC

Materials and supplies: Basic materials can be provided when working in our office.

Supervision by an RP: Yes

Access to a workspace for planning and debriefing: Yes

Training provided: Yes

Comments:

The 13-17 hours are largely virtual, unless the student chooses to do an in-person block at the office seeing clients (usually blocks are 8am to 2pm or 2pm to 8pm). If there is space, we can sometimes accommodate two blocks for a student.

Of the 13-17 hours, time is divided accordingly:

- 1- A weekly caseload of 8-12 client sessions per week (it may take a full term to build up to this)
- 2- Weekly individual or dyadic supervision (time and day TBD)
- 3- Biweekly group supervision Fridays 9 am-10:40 am
- 4- Monthly Somatic-based trauma training from 2 pm to 4 pm on Thursday (runs from the 2nd month of practicum to the 7th month).

Application Link:

<https://docs.google.com/forms/d/e/1FAIpQLScQ8daLXAHh-brfnECRbb6tXQywZiQmYZDa-jcoUcHKE1KJyw/viewform>

Application Requirements: Please follow the instructions provided in the application link. Applications are accepted **year-round**, with interviews scheduled on a rolling basis. Practicum placements may begin in **September, January, or May**.

Cover letter and Resume

- Liability Insurance will be requested

Eligible Students: Third Year students only.

4. Agency or Practicum Site: Heal Through Connection Psychotherapy

Address: 1200 Bay St - www.healththroughconnection.com

On-Site Contact Person: Tabitha Milne

Site Description: (What does this agency offer, and what is its work approach?)

At Heal Through Connection Psychotherapy, we're dedicated to guiding psychotherapy students in building a successful, sustainable private practice. Our practicum combines clinical and business training, emphasizing a psychodynamic, trauma-informed, and body-oriented approach under the compassionate mentorship of our clinical supervisor.

Alongside developing clinical skills, students gain practical tools for managing the business side of practice—such as profile optimization and scheduling—while participating in workshops on self-care and resilience. We're currently accepting practicum students for 2025 and look forward to supporting the next generation of confident, balanced practitioners.

This site offers 30 hours of dyadic supervision for students and can support students in gaining 200-250 DCC hours as well as at least 200 indirect hours over an 8-month period. If they need more time at my practicum site for DCC hours, they can continue there while outsourcing a supervisor for anything beyond 30 hours of supervision. The commitment is approximately 13-15 hours weekly from students to cover DCC hours, administrative work, supervision, and group trainings.

Population: To be defined by the student

Format: online and/or in-person sessions.

Setting: 1:1

Number of students required: 1-4

Time Commitment: (Days of the week & schedule)

Weekly dyad - day of week TBD, roughly 13-15 hours/week including supervision, DCC hours, admin, and group trainings.

Type of Practicum: DCC

Materials and supplies: No

Supervision by an RP: Yes

Access to a workspace for planning and debriefing: No physical space available – Online training and consultations are provided.

Training provided: Yes

Application Instructions: Fill out an application form through this

link: <https://docs.google.com/forms/d/e/1FAIpQLSf8k->

[Wv4eUoeo8m9hk_fRwVt0nOibTYRYIKO0gvGYMWbBjznw/viewform?usp=sf_link](https://docs.google.com/forms/d/e/1FAIpQLSf8k-Wv4eUoeo8m9hk_fRwVt0nOibTYRYIKO0gvGYMWbBjznw/viewform?usp=sf_link)

Application Requirements: Please follow the instructions provided in the application link.

Applications are accepted **year-round**, with interviews scheduled on a rolling basis. Practicum placements may begin in **September, January, or May**.

- Cover letter and Resume
- Liability Insurance will be requested

Eligible Students: Third Year students only.

5. Agency or Practicum Site: Valentía & Grit Practicum Counselling and Psychotherapy Services

Address: Online (Toronto, Ontario)

On-Site Contact Person: Neudis Abreu

Student Coordinator: Aliyah Alleyne

Email Address: nappvaca@proton.me

Site Description: Valentía & Grit offers a supportive training environment for emerging psychotherapists. Focus on professional and private practice psychotherapy development. Our practicum combines weekly virtual dyadic supervision with collaborative group training, fostering both personal and professional growth.

Population: BIPOC-affirming, multilingual, and LGBTQ+ inclusive practice. Students are encouraged to define their client focus based on their scope of practice, interests, and cultural competency.

Format: Online

Setting: 1:1

Number of students required: 1-2 per term

Time Commitment: approximately 10 to 12 hours per week. This time includes admin work and supervision.

Type of Practicum: DCC

Materials and supplies: No. Online scheduling and software are provided.

Supervision by an RP: Yes – Weekly virtual dyadic

Access to a workspace for planning and debriefing: No physical space; all workspaces and training are hosted digitally.

Training provided: Yes – including topics on clinical therapeutic modalities, self-care in private practice, business/professional foundations

Application Requirements: Please follow the instructions provided in the application link.

Applications are accepted **year-round**, with interviews scheduled on a rolling basis. Practicum placements may begin in **September, January, or May**.

- Cover letter and Resume will be required
- Liability Insurance will be requested

Site application Link:

<https://napplication.notion.site/1d01bbe262b981899eabfcf0ab3871dc>

Eligible Students: Third Year students only.

6. Agency or Practicum Site: LC Psychotherapy

Address: 334 Margueretta St

Main Intersection: Bloor & Lansdowne

On-Site Contact Person: Lanie Chalmers

Site Description: (What does this agency offer, and what is its work approach?)

We are a fully virtual practicum site and online student therapy clinic. As a clinical supervisor, I foster the safe and effective use of self, alongside theoretical and practical embodiment in training therapists. Our practicum site offers a comprehensive training experience designed to enhance the clinical competence and professional self-confidence of our student therapists. It includes training for the necessary tools to build a private practice.

Student therapists have the opportunity to build a caseload of clients during the practicum and are expected to work up to 6-8 hours of client work per week. The clients and presenting issues that student therapists work within our clinic will depend on each student's own interests and personal histories.

Population: Adults, with the option for taking on adolescents in the second term.

Format: Online

Setting: 1:1

Number of Students required: 2-4

Time Commitment: (Days of the week & schedule)

Eventually working up to around 10 hours per week total. Students can select their own client schedules. Regular supervision meetings will be held during the week, with the exact time to be determined.

Type of Practicum: DCC

Materials and supplies: No

Supervision by an RP: Yes

Access to a workspace for planning and debriefing: Yes

Training provided: Yes

Application Instructions:

1. Visit Supervisor/Clinic Director's profile and the Student Clinic profile to see if we might be a good fit for each other.

Lanie Chalmers:

<https://www.psychologytoday.com/ca/therapists/lanie-chalmers-psychotherapy-supervision-toronto-on/790920>

LC Psychotherapy Student Clinic:

<https://www.psychologytoday.com/ca/therapists/lc-psychotherapy-clinic-low-cost-therapy-toronto-on/1566830>

2. Please fill out this application form:

<https://docs.google.com/forms/d/e/1FAIpQLSfeF60bWHfnJ7tcDz7fN9uAA7ShMOYd-Pi3e7v8L7xi1GZEjg/viewform>

3. Please send cover letter and resume to: LC.psychodynamic@gmail.com

4. We will contact you for an interview if we would like to meet with you to see if we would be a good fit.

Notes:

Students can apply in advance at any time for the upcoming semesters. We typically like to have applications and interviews done 2 months before the practicum start date. We don't accept any applications less than 1 month before the practicum starts.

- Professional Liability Insurance will be requested

7. Agency or Practicum Site: Art as Therapy

Address: 45 First St, Orangeville, ON L9W 2E3

On-Site Contact Person: Rapinder Kaur

Email Address: admin@artastherapy.ca

Website: <https://www.artastherapy.ca/>

Site Description: We serve clients from three office locations, Brampton, Orangeville and Milton. We also provide Creative Arts Therapy and talk therapy sessions online. Art therapy and community workshops/art hives.

Population: Teens, Adults, couples, family

Format: in-person and Online

Setting: 1:1 and groups

Number of students required:

Time Commitment: TBD

Type of Practicum: DCC and Art-based

Materials and supplies: Yes

Supervision by an RP: Yes

Access to a workspace for planning and debriefing: yes

Application Requirements:

- Resume and cover letter
- Professional Liability Insurance

Application Process: Please send your resume and cover letter via email to Rapinder Kaur at admin@artastherapy.ca

Applications are accepted year-round, with interviews scheduled on a rolling basis.

Eligible Students: Second- and third-year students.

8. Agency or Practicum Site: Charlotte Pidgeon Psychotherapy

Address: 50 Warland Ave, Toronto, ON, M4J3G2

Transportation: accessible by public transit? Yes

On-Site Contact person: Charlotte Pidgeon

Email Address: charlotte@charlottepidgeon.com

Website: www.charlottepidgeon.com

Site Description: At Charlotte Pidgeon Psychotherapy, we utilize a collaborative, trauma-informed approach to identify your intrinsic strengths and find your path towards growth and healing. Pulling from relational, attachment-based theories, we can help you uncover the “why,” and work together to figure out the “how”.

We specialize in working with the LGBTQIA+ and neurodivergent communities, and our practice is rooted in anti-oppressive, anti-racist, and decolonial values, with cultural humility at the forefront. You are welcome here, and we can’t wait to help you discover the support you deserve.

Population: Virtual LGBTQIA+ focused psychotherapy

Format: Online

Setting: 1:1

Number of Students required: Depending on availability.

Time Commitment: (Days of the week & schedule)

8 hours/week – TBD with the student.

Materials and supplies: Please consult with the practicum site.

Supervision by an RP: Yes

Application Requirements:

- Resume and cover letter
- Professional Liability Insurance

Application Process: Please send your resume and cover letter via email to **Charlotte Pidgeon** at: charlotte@charlottepidgeon.com

Applications are accepted year-round, and interviews are scheduled on a rolling basis for September or May start dates.

Eligible Students: For the third year only

9. Agency or Practicum Site: Carolina Alvarado - Cultural Psychotherapy

Address: 1510-5500 Yonge Street, Toronto. ON. M2N 7L1

On-Site Contact person: Carolina Alvarado

Email Address: caroculturalpsychotherapy@gmail.com

Phone Number: 6479205248

Site Description: Individual therapy for adults and couples, facing complex trauma, cultural identity issues, and nervous system problems. Services are provided from a trauma-informed, body-centred, and culturally responsive perspective. The practice helps people manage challenges like hypervigilance, anxiety, disconnection, and chronic stress.

Students will learn about integrative, body-based therapy and systemic approaches. They will have chances to explore clinical work that connects trauma, culture, and relationship healing.

Students participating in practicum at this site are expected to adhere to all confidentiality and ethical guidelines consistent with professional psychology standards. All client information is strictly confidential, and students must complete privacy and ethics training before beginning.

Due to the nature of trauma-informed work, students will receive supervision to ensure appropriate boundaries and self-care practices are maintained. Students are encouraged to communicate openly about any concerns or discomforts during their placements. All sessions are conducted remotely via secure, privacy-compliant platforms to protect client confidentiality. Students must complete a safety orientation that covers emergency procedures, reporting protocols, and support resources to ensure a safe and supportive learning environment.

Website: <https://culturalpsychotherapy.com/>

Population: Individual therapy for adults and couples, facing complex trauma, cultural identity issues, and nervous system problems

Type of Practicum: DCC - Direct Client Contact

Format: Online

Setting: 1:1

Number of Students required: Depending on availability

Time Commitment: (Days of the week & schedule)

Students participate in individual psychotherapy sessions under supervision, receive support with case conceptualization and note-taking, and engage in reflective practice. Students may also assist with session planning, resource development, and deepening their understanding of trauma-informed, body-based, and culturally responsive approaches. Regular supervision will support their integration of theory into practice.

The time commitment ranges from 10 to 14 hours per week.

Expected Start date: January 2026

Expected End date: December 2026

Supervision by an RP: Yes

Application Requirements:

- Resume and cover letter
- Professional Liability Insurance
- Vulnerable Sector Check

Application Process:

Please submit your application through this link:

<https://docs.google.com/forms/d/e/1FAIpQLSdEzs8YS7DKn2hHKlduA2cXy-5gGL2USDGTRdHRRQLCgkBYg/viewform?usp=header>

Applications are accepted on a rolling basis throughout the year, subject to supervisory availability. Interested students are asked to submit a résumé and a brief cover letter outlining their clinical interests and learning goals. Selected applicants will be invited for a virtual interview to assess fit and alignment.

Preference is given to students with a demonstrated interest in trauma-informed, culturally responsive, and body-centered psychotherapy.

Eligible Students: For the third year only

10. Agency or Practicum Site: Robin Williams Blake Psychotherapy

Address: 175 Cassandra Blvd, Toronto, ON M3A 1T4

Transportation: accessible by public transit? Yes

On-Site Contact person: Robin Williams Blake

Email Address: robinblake@torontopsychotherapist.com

Site Description: www.robinwilliamsblake.com. An Emotionally Focused Therapy Clinic (EFT). As a pre-licensed student, Create students will offer individual expressive arts and counseling sessions for adults, focusing on disordered eating and body image, women/AFAB health issues, depression, anxiety, and sexual violence as a pre-licensed student.

Population: Adults, focusing on disordered eating and body image, women/AFAB health issues, depression, anxiety, and sexual violence

Format: In person

Setting: Group setting

Number of Students required: The number of students accepted will depend on the site's current availability.

Time Commitment: (Days of the week & schedule)

Materials and supplies: Yes

Supervision by an RP: No. Students must hire external supervision.

Access to a workspace for planning and debriefing: Yes

Training provided: Yes

Application Requirements:

Resume and cover letter

Police or Vulnerable Sector Check

Application Process: Please send your resume and cover letter via email to Robin Williams Blake at robinblake@torontopsychotherapist.com. Applications are accepted year-round, with interviews scheduled on a rolling basis.

Eligible Students: For second- and third-year students