

THE CREATE INSTITUTE NEWSLETTER

WINTER 2026

CENTRE FOR EXPRESSIVE ARTS THERAPY EDUCATION

WELCOME & WELCOME BACK

Trusting 2026 brings you to what is beyond!

We've
Moved!

Let us be carried by the surprise of the unfolding...

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WHAT'S NEW...LOTS!

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Fluent

I would love to live
Like a river flows,
Carried by the surprise
Of its own unfolding.

A POEM BY JOHN O'DONOHUE

MESSAGE FROM OUIDA, CREATE EXECUTIVE DIRECTOR

After a long search, CREATE has finally found our new space. What a beauty; lots more room, high ceilings, open space, filled with natural light streaming through large windows. A sense of creativity fills the space. It already feels like home.

The possibilities and ideas are flowing, and we all agree this will be a special place to learn and more.

A huge thank you to all who helped make it happen. Insurmountable tasks were met with the many hands that dealt with all the big and small details involved with both moving out and moving in.

The open house went well, and we were ready in time for the start of Term 2.

Yes, there are still things to do, and we ask for patience as we work through the remaining in's and out's and shaping of our new home.

I have shared the poem *Fluent* as it expresses where we sit at this time; the place between the known and unknown. *If we can love to live in the new home like a river flows and be carried by the surprise of its own unfolding.*

This sounds like a promise and a hope for good things to come... Enjoy!.

NEW FACULTY & STAFF!



TRISH SAI-CHEW
RP, EXAT
CORE FACULTY YEAR 1



GEORGIA FULLERTON
EXAT
ASSOCIATE PROGRAM DIRECTOR

FOR 2025/2026 WE SAY HELLO AND WELCOME BACK

Trish Sai Chew, Core RP, EXAT Core Faculty Year 1.

CREATE class of 2007

A warm welcome back to Trish, our newest core faculty member

Georgia Fullerton, Counsellor, EXAT

CREATE class of 2017

Georgia steps in as our Associate Program Director, a *new* pilot position that will cover the primary roles of academic advisor, program administration, and professional development programming.

WELCOME BACK TO STUDENTS, OUR FACULTY, STAFF, & TEACHING ASSISTANTS

CREATE BIPOC TUITION BURSARY

WE ARE EXCITED TO OFFER FOR THE 3RD YEAR

The Ellen & Stephen Levine CREATE BIPOC Bursary Award

Tuition Bursary Amount: \$500

Eligibility: Students registered in the 2025-2026 academic year who self-declare as Black, Indigenous, or a Person of Colour (BIPOC).

Application Criteria:

To apply for this bursary, please submit the following documents:

1. A cover letter including your name and contact information.
2. A 1-page essay telling us a bit about yourself, your journey to CREATE, and how this bursary will support your academic and personal goals.

Submission Deadline: February 15th, 2026

Please send your application to director@thecreateinstitute.org

We look forward to receiving your applications and wish you the best in your exciting journey at CREATE!

ANNUAL GENERAL MEETING

SAVE THE DATE

MONDAY FEBRUARY 23, 2026

6:00-7:00 PM

ONLINE

REGISTRATION LINK AND ZOOM INVITE TO FOLLOW

ARE YOU LOOKING TO COMPLETE A MASTERS DEGREE?



Martin
LUTHER
UNIVERSITY COLLEGE

Federated with
Wilfrid Laurier
University

MA-SPIRITUALITIES AND COMMUNITY ENGAGEMENT

**Advance standing is now available for graduates of
Create's 3-year program**

For further information [click here](#)

ARE YOU LOOKING TO COMPLETE A DOCTORATE DEGREE?



Division of Arts, Health & Society
The European Graduate School
EST. 1994

Founded in 1994, the European Graduate School (EGS) offers Master's and PhD programs, as well as Professional Development for practicing professionals at the graduate and post-graduate levels. Its uniquely dynamic academic environment—centered on the Saas-Fee campus high in the Swiss Alps—supports an engaged, creative encounter with leading practitioners and thinkers in the fields of Expressive Arts Therapy, Education, Coaching, Consulting, Conflict Transformation, Peacebuilding, and Social Change.

AFFILIATION MEMBERSHIPS AVAILABLE TO CREATE STUDENTS



ONTARIO
EXPRESSIVE
Arts
THERAPY ASSOCIATION



CONTACT INFORMATION



HOW TO CONTACT US:

Ouida:
director@thecreateinstitute.org

Pamela:
admin@thecreateinstitute.org

If you have questions, are experiencing a sense of overwhelm, or help with coursework

Please reach out to your Faculty, Advisor, and/or Supervisor

or Teaching Assistants

or

Contact: Student Success Centre
director@thecreateinstitute.org

Please find the [academic accommodations request form](#) on the CREATE student portal

Contact: Charlotte Plummer- McKenzie
Education Consultant
edu.consultant@thecreateinstitute.org

CREATE BOARD OF DIRECTORS

The CREATE Board of Directors is comprised of a group of professional volunteers who gather under one cause to oversee our school governance.

This includes maintaining our financial stability and, together with the CREATE team vision casting to ensure steady growth while heralding our position as the only Expressive Arts Therapy post-graduate school in Canada offering CRPO qualifying status.

Contact createboard@thecreateinstitute.org