

PRACTICUM LIST 2024 – 2025

ARTS-BASED PRACTICUMS

1. Agency or Practicum Site: Comprehensive Treatment Clinic

Address: 1154 Danforth Ave, Toronto, On M4J 1M3

Main Intersection: Danforth & Greenwood

Transportation: accessible by public transit? Yes

On-Site Contact person: Emily Materick, Clinic Manager

Site Description:

CTC is a unique Opioid Agonist Therapy (Methadone, Suboxone, Sublocade, Kadian) provider focused on whole-person care. We offer Addiction Care and counseling with a Medical Doctor, a variety of health services, including phlebotomy and ECG, low-cost counselling and psychotherapy, art therapy, outreach, and harm reduction services.

Population: Persons living with addiction to substances

Format: In person

Setting: Group setting

Number of Students required:

2 students for Arts-based facilitation

Time Commitment: (Days of the week & schedule)

Arts-based Facilitation - Tuesday afternoons. Time TBD in the interview.

Materials and supplies: Yes

Supervision: No

Access to a workspace for planning and debriefing: Yes

Training provided: No

2. Agency or Practicum Site: LEAP Program Grenoble Public School (RAPT)

TEMPORARILY UNAVAILABLE

Address: 9 Grenoble Dr, North York, ON M3C 1C3

Main Intersection: Don Mills and Eglinton

Transportation: accessible by public transit? Yes

On-Site Contact person: Ellen Levine

Site Description:

This is a public school in Flemington Park with two special classrooms for students who have been in migration and have lost significant amounts of academic schooling. The team designs and facilitates art projects with the students. We work with the grade 5-6 students in the morning (9:55 to 11:05) and then the students in grade 4 after lunch (12:10 to 1:30). We have some time for planning in the morning and time for de-

briefing in the afternoon. We will need an on-line meeting as well (at a time to be determined).

Population: Students in grades 4-6

Format: In person

Setting: Group setting

Number of Students required: 4 - 6

Time Commitment: (Days of the week & schedule)

Fridays from 9:30 am to 2:30 pm

Materials and supplies: Yes

Supervision: No

Access to a workspace for planning and debriefing: Yes

Training provided: Yes

3. Agency or Practicum Site: One Kenton Place

Address: 1 Kenton Dr, North York ON M2R 2H6

Main Intersection: Bathurst and Steeles

Transportation: accessible by public transit? Yes

On-Site Contact person: Rachel Baslofsky

Site Description: One Kenton Place is a facility specializing in people with different types of Dementia. Our residents range in cognitive and physical abilities. We have 24/7 nursing and personal support worker staff. We provide a variety of therapeutic programs during the week for our residents. These include morning exercise, afternoon programs as well as evening programs.

Population: Seniors with Dementia

Format: In person

Setting: One on one and Group Setting

Number of Students required: 2

Time Commitment: (Days of the week & schedule)

TBD with Site's contact: 2 or three days a week- if they can provide more it would be great!

Materials and supplies: Yes

Supervision: No

Access to a workspace for planning and debriefing: Yes

Training provided: Yes

4. Agency or Practicum Site: Rhythmic by Nature

Address: 355 Church Street

Main Intersection: Carlton and Church

Transportation: accessible by public transit? Yes

On-Site Contact person: Rhonda Pelshea (Toronto) and/or, Terri Segal (north of the GTA)

Site Description:

Group drumming is a recreational music-making activity that provides an opportunity for each participant to express his or her own natural rhythms, while at the same time contributing to the group song. Using a variety of African hand drums and world percussion instruments, participants learn basic hand-drumming techniques and engage in fun rhythm-based activities that incorporate movement, voice and music-making.

Group drumming is rooted in non-judgment, community, self-expression, creativity and play. No previous drumming or musical experience is necessary.

Students can learn basic drumming techniques and try on various roles- beat-keeping, engaging and assisting the participants, planning activities, and facilitating. It is a good placement for a student who would like to work as a team member with groups, and various populations. Cooperation, leadership, communication and listening skills may be developed and playfulness and spontaneity increased.

One or two sessions may be scheduled each week. Requires some flexibility in scheduling around other responsibilities.

The practicum sites may be at long-term care facilities, Retirement residences, Day Cares, Day camps, day programs for young adults or adults with cognitive challenges, staff training, or team-building days. Sometimes, the drumming sessions are a one-time booking; sometimes, they are held once a month or in a series of weeks.

The sites are in Toronto, Scarborough, North York, Aurora, Newmarket, Oakville etc. It would be convenient if it was possible for the student to use a car but the locations are usually accessible by public transit. Rhonda has a car to transport the drums so it is possible to arrange pick-up en route at a subway stop.

The Long-term care facilities and others require a COVID test on the spot. (This can change)

Population: Well seniors, seniors/adults/young adults with challenges, children , staff, employees.

Format: In person

Setting: Group Setting

Number of Students required: 2

Time commitment: Usually week-days , afternoons or mornings. Usually up to 4 hours for travel, unloading, set-up, planning, the session, debrief, load the drums, travel. Schedule would be available

Materials and supplies: Yes

Supervision: No

Access to a workspace for planning and debriefing: Yes

Training provided: Yes

5. Agency or Practicum Site: Parent-Child Mother Goose Program

Address: 720 Bathurst St., Toronto, ON M5R 2S4

Main Intersection:

Office location is Bloor/Bathurst - Program locations in several areas

LOCATIONS:

1. Malvern Library - Scarborough – Monday a.m
2. Parkdale Community Health Centre, Queen Street - Tuesday a.m
3. Lakeshore - Alderwood Community Centre, South Etobicoke - Wednesday a.m.
4. Elmbank Community Centre, North Etobicoke, Two programs - Friday a.m.
5. Somali Program - Scarlett Road, North Etobicoke - Monday a.m.

(this can change)

Two of our programs are still on Zoom, i.e. Parkdale and Malvern. They may return to in-person soon, but likely not till the Spring. All the other programs are in-person at present.

Transportation: accessible by public transit? Yes

On-Site Contact person:

Ruth Danziger, Program Director

Jag Parmar , Office Manager

Site Description: The Parent-Child Mother Goose Program focuses on the power and pleasure of rhymes, songs, and storytelling when parents do them with their babies.

We are a hands-on program that teaches and inspires parents to bond, communicate, and relate to their babies and young children through oral materials.

Stories are told for the adults to enjoy and benefit from. Also at times, to inspire them to tell stories at home.

The PCMGP works with the creative field of oral storytelling, including rhymes and songs when working with families, rather than using visual art materials.

Students interested in oral storytelling are good candidates, as are those interested in families, babies and young children. They do not have to be storytellers already as this learning comes with practicum experience at the program. We also help students to learn how we use oral storytelling to benefit families. And the importance of

parent/child interaction when working with babies and young children.

Population:

Parents with infants or young children. Many higher need & newcomer families.

Format: In person

Setting: Group Setting

Number of Students required: 2 - 4

Time Commitment: (Days of the week & schedule)

One morning a week from 9:30 am to 12:30 pm. See above for specific days.

Materials and supplies: Yes

Supervision: No

Students have the opportunity to debrief and learn from storytellers/teachers of the program.

We do not provide an RP supervisor. However, supervision on-site with someone who understands PCMPG is provided. The current Program Director is a graduate of CREATE.

Students have the opportunity to debrief and learn from storytellers/teachers of the program.

Access to a workspace for planning and debriefing: Yes

Training provided: Yes

6. Agency or Practicum Site: Purple Carrots Drama Studio Inc.

Address: 223-901 Queen St W, Toronto, ON M6J 3X4

Main Intersection: Queen St W & Strachan Ave. + 180 Shaw St. + Zoom (Virtual)

Transportation: accessible by public transit? Yes

On-Site Contact person:

Alana Perri - (416) 786 1391

Site Description:

Purple Carrots Drama Studio is an inclusive space which encourages growth in self-awareness and social skills through the Arts. Designed by an Expressive Arts Therapist and Speech & Language Pathologist to improve self-awareness and social skills using the Arts, by combining elements of expressive arts therapy, drama, dance, visual art and relaxation, we help our participants explore their full potential in a safe, supportive, and fun environment. We provide year-round arts-based programming, specialized in diverse neurological & physical abilities.

For more information visit our website www.purplecarrots.ca OR follow us on Instagram, Facebook, TikTok, YouTube AND Linked In @purplecarrotsdramastudio

Population:

all ages - specialized in diverse neuro & physical abilities

Format: In person & Virtual

Setting: Group setting

Number of Students required: 1

Time Commitment: (Days of the week & schedule)

TBD

Materials and supplies: Yes

RP Supervision: No

Access to a workspace for planning and debriefing: Yes

Training provided: Yes

7. Agency or Practicum Site: The Bitove Method

Address: 850 O'Connor Drive (within the Canadian Macedonian Place)

Main Intersection: St Clair and O'Connor

Transportation: accessible by public transit? Yes

On-Site Contact person:

Katia Engell

Site Description:

We are an arts-based program for people living with memory loss and their carepartners, working with an innovative approach focused on community & relationships, learning, and the arts. We are strong advocates for the culture change movement in dementia and long-term care towards more relational, humanizing, respectful, and joyful cultures of caring.

Our primary offering is an afternoon program where people with dementia can come and engage in the arts as facilitated by real artists in the community - this includes visual arts, music, drama, poetry, movement, and more! We view the arts as a modality for building relationships, learning and following our curiosities, self-expression, and engagement.

Population: people with dementia

Format: In person

Setting: group setting

Number of Students required: 2

Time Commitment: (Days of the week & schedule)

Thursdays from 1-5pm (with flexibility around the first and last hours which are the prep, clean up, and huddle times)

Materials and supplies: Yes

Supervision: No

Access to a workspace for planning and debriefing: Yes

Training provided: yes

8. Agency or Practicum Site: Fred Victor

Address: 40 Oak Street

Main Intersection: Dundas and Parliament

Transportation: accessible by public transit? Yes

On-Site Contact person: Maseeda Majeed

Site Description: Our site is a community hub where we run drop-in programs, a garden and food skills program, advocacy, and housing support. We also provide meal services four days a week.

This Art therapy program will run in our drop-in space.

The main floor of our building is the community hub whereas the 2nd, 3rd, and 4th floors are where our tenants reside.

Population: Low-income folks, homeless/precariously housed folks.

Format: In person

Setting: groups

Number of Students required: 2 (preferably: one 1st yr student + one 2nd year student)

Time Commitment: (Days of the week & schedule)

Once a week for 6 weeks. 2/hr a day

Materials and supplies: Yes

Supervision: No

Access to a workspace for planning and debriefing: Yes

Training provided: No

9. Agency or Practicum Site: Button Factory Arts - Shifting: Health Care Workers Expressive Arts Therapy Group

Address: VIRTUAL, office address is 25 Regina St S, Waterloo N2J 1R8

On-Site Contact person: Catherine Mellinger

Site Description: This is a virtual group, taking place weekly over zoom.

Population: This group is for health care workers in Cambridge specifically, funded by the Cambridge Community Foundation. We are accepting participants from nursing, Disability Support Work and Personal Support work as well as Social Workers supporting hospital or health care settings.

Format: Online

Setting: Groups

Number of Students required: 1 - 2

Time Commitment: 2-3 hours per week.

Materials and Supplies: an art kit can be mailed to the student for use, and matching the materials sent to all participants.

Supervision: Student can be connected to supervision if needed, at their own cost, or student can attend supervision sessions in partnership with Catherine, splitting the cost of supervision for the duration of the group.

***Practicum provides an online shared folder to use as a place for notes, sharing info and resource gathering.**

***No training needed.**

10. Agency or Practicum Site: Together: For Perinatal Mental Health Waterloo Region

Address: VIRTUAL, office address is 50 Allen St E, Waterloo ON N2J 1J2

On-Site Contact Person: Catherine Mellinger

Site Description: This virtual group takes place weekly over Zoom.

Population: Perinatal Mental Health. Participants are parents/primary caregivers - birthing and non-birthing, and struggling with their mental health. Ages range per group and can include experiences of birthing trauma, fertility struggles, and pregnancy loss, as well as experiences of pre-existing mental health disorders before becoming parents.

Format: Online

Setting: Group setting

Number of Students required: 1

Time Commitment: 2-3 hours per week. (TBD)

Materials and Supplies: an art kit can be mailed to the student for use, and the materials can be sent to all participants.

Supervision: Students can be connected to supervision if needed, at their own cost, or students can attend supervision sessions in partnership with Catherine, splitting the cost of supervision for the duration of the group.

***Practicum provides an online shared folder to use as a place for notes, sharing info, and resource gathering.**

***Brief training about Perinatal Mood and Anxiety Disorders will be provided.**

11. Agency or Practicum Site: Hooshvar Foundation Corp.

Address: Richmond Green Secondary School at 1 William F. Bell Pkwy, Richmond Hill, ON L4S 2T9

Transportation: accessible by public transit? Yes

On-Site Contact Person: Atessa Hooshvar

Site Description: As per the project " WE JAM" offered by the York Region and United Way, we will have 10 sessions of community music jamming. The project is offered for elevating mental health in South Central Richmond Hill. Atessa will host the event, facilitating and leading it on some occasions. They have drums, noise makers, and various instruments to play with and help people connect, make music, and heal. On some occasions, they will have featured artists leading the jamming and helping people learn, improvise, create, share, experiment, and enjoy.

Population: Adults and seniors

Format: In person

Setting: group setting

Number of Students required:

Time Commitment: (Days of the week & schedule)

TBD

Type of Practicum: Arts-based

Materials and supplies: Yes

Supervision: No

Access to a workspace for planning and debriefing: Online

Training provided: yes

12. Agency or Practicum Site: DramaWay - www.dramaway.com

Address: Various GTA and Online (see the schedule link)

Main Intersection: Mississauga; Scarborough; Bloor West; Yonge and Lawrence

Transportation: accessible by public transit? Yes

On-Site Contact person: Hana Holubec

Site Description: We run classes at various locations across the GTA as well as 3 virtual classes on the Zoom platform. In-person sites are accessible and located in settings such as community centers/spaces and schools. Parking is available and all sites are easily accessible by public transit. We run arts-based programming (theatre, vocal, dance, multi-arts, social and life skills, songwriting) for people with disabilities.

Population: Adults with disabilities

Format: In-person and online

Setting: group setting

Number of Students required: 3

Time Commitment: (Days of the week & schedule)

Fixed classes, flexible total amount of hours. E.g. working with 1 Theatre program would be on a fixed day at a fixed time for 2 hours per week. Can join multiple classes for more hrs.

DramaWay's

Schedule: https://docs.google.com/spreadsheets/d/1xpC2aPbXn_HNDCowckM404bf_x5sUczT0YDSDT7YclB8/edit#gid=0

Type of Practicum: Arts-Based Facilitation

Materials and supplies: Yes

Supervision: No

Access to a workspace for planning and debriefing: yes

Training provided: Yes

13. Agency or Practicum Site: Full Circle-Art Therapy Centre.

Address: 658 Danforth Ave., Toronto, ON

Main Intersection: Pape/Danforth

Transportation: accessible by public transit? Yes

On-Site Contact Person: Ashtyn Ford

Site Description:

This is a non DCC Practicum opportunity for students to help Full Circle Art Therapy Centre with administrative tasks related to their programming. Such tasks include: Update group & workshop info including scheduling in square space, Create receipts for group therapy, Order/package/send out art supplies for group, help with newsletter, help research benefits of art therapy with different populations and issues, and help create short videos to explain this or instructions for simple art therapy directives, and other related admin tasks.

Population: General public

Format: In-person & Online

Setting: office setting

Number of Students required: 1

Time Commitment: (Days of the week & schedule)

2-5 hours per week for 3-6 months (day and time of the week is up to the student and what time they are available/flexible hours)

Type of Practicum: This is an administrative practicum that will count as Arts-Based hours.

Materials and supplies: Yes

Supervision: No

Access to a workspace for planning and debriefing: yes

Training provided: Yes

14. Agency or Practicum Site: Pediatric Oncology Group of Ontario (POGO)

Address: 480 University Avenue, Suite 1014 - Work will not be done at the POGO office

Main Intersection: www.pogo.ca

Transportation: accessible by public transit? Yes

On-Site Contact Person: Helen Antoniadis

Site Description: (What does the organization do?) Provides support and advocacy for childhood cancer patients and survivors.

Student's responsibilities: As a Topic Advisor, support a childhood cancer survivor in creating a presentation on using writing as a therapeutic tool. It will be presented to other survivors and to others in the childhood cancer community.

Other responsibilities TBD

Population: Childhood cancer survivors over the age of 16

Format: TBD--this is up to the presenter and advisor to decide

Setting: Meet with presenter 1:1 and be present/part of 2 presentations to groups

Number of Students required: 1

Time Commitment: (Days of the week & schedule) TBD

Materials and supplies: Yes

Supervision: No

Access to a workspace for planning and debriefing: Yes

Training provided: Topic Advisor Orientation and support as needed

15. Agency or Practicum Site: Haven Toronto

Address: 170 Jarvis St

Main Intersection: Jarvis and Shuter

Transportation: accessible by public transit? Yes

On-Site Contact Person: Gabriel Aboutboul

Site Description: We are a drop-in centre that serves males aged 50+ struggling with homelessness, mental health challenges, and addiction issues. In addition to clinical services, we assist with fulfilling daily needs by providing meals, access to laundry and showers, clothing, and recreation activities.

To thrive in working with the target population, students must be willing to devote extra time to building rapport and trust with clients by doing non-therapeutic activities

such as greeting clients throughout the building, serving meals, operating the front desk, etc.

The idea is to start with arts-based activities and progressively build a relationship to offer clinical work. (DCC)

Population: Males aged 50+

Format: In person

Setting: group setting

Number of Students required: (2)

Time Commitment: (Days of the week & schedule)

This position is flexible between Monday and Friday, 8 a.m. and 4 p.m. It will be defined based on the student's availability.

Type of Practicum: Arts-Based Facilitation with the potential of becoming a DCC practicum.

Materials and supplies: Yes

Supervision: No

Access to a workspace for planning and debriefing: yes

Training provided: No

DCC Practicums

1. Agency or Practicum Site: YWCA Toronto Girls and Family Centre: Here to Help program & Adventures in Sharing Program

Address: 3090 Kingston Rd., Suite 101

Main Intersection: Kingston Rd & McCowan Rd

Transportation: accessible by public transit? Yes

On-Site Contact person: Maria Palma

Site Description: YWCA Toronto – Here to Help is a free 12-week parenting program in South Scarborough for children 4-16 years of age and their mothers who have been exposed to abuse. We support children and their mothers through the healing process.

Population: Women, gender diverse people, children. Groups for the parent and child are offered concurrently. Children are placed in a group according to their age.

Dinner and transportation are provided for participants when in person.

Placement students would be required to have experience working with children.

Format: currently online. It might be in person during Spring.

Setting: Group setting
Number of Students required: 1
Time Commitment: (Days of the week & schedule)
Tuesday 4:30 - 9:00pm
Materials and supplies: Yes
Supervision: No
Access to a workspace for planning and debriefing: Yes
Training provided: Yes
For Third Year Only

2. Agency or Practicum Site: YWCA Toronto Girls and Family Centre: Breakthrough Program

Address: 87 Elm Street, Toronto
Main Intersection: Dundas
Transportation: accessible by public transit? Yes
On-Site Contact person: Anna Isaccson and Vitina Filiberto
Site Description: The Breakthrough Program offers group support for women and gender-diverse folks who have experienced any form of violence at any point in their life (childhood to adulthood). We work using the arts, mindfulness, and body-based practices to respond to the effects of trauma. As a trauma-informed program, it offers a way to connect with the present moment instead of going back to what has happened.
Population: Women, gender diverse people.
Format: In person.
Setting: Group setting
Number of Students required: 1-2
Time Commitment: (Days of the week & schedule)
Materials and supplies: Yes
Supervision: No
Access to a workspace for planning and debriefing: Yes
Training provided: No
For second and third years only

3. Agency or Practicum Site: The Gatehouse House

Address: 3101 Lake Shore Blvd West, Toronto ON M8V 3W8
Main Intersection: Kipling and Lakeshore Blvd.
Transportation: accessible by public transit? Yes
On-Site Contact person: Zada Jaffe

Site Description:

This is a 12-week Phase 1 Trauma art therapy group for adult survivors of childhood sexual abuse (open to all genders). The group focuses on self-stabilization and developing health coping strategies through art and mindfulness practices. The themes are selected by participants during intake interviews, which students will conduct with interested people, and then the students will plan and deliver the programming to the group over the 12 weeks with the supervision of Zada.

Population: Adult

Format: In person

Setting: Group setting

Number of Students required: 1

Time Commitment: (Days of the week & schedule)

Tuesday evenings 5:30-9pm Jan 31st-April 18th 2023

Materials and supplies: Yes

Supervision: No

Access to a workspace for planning and debriefing: Yes

Training provided: Yes

For second and third years only

4. Agency or Practicum Site: Getting Bi+ Expressive Arts Therapy Group

Address: The 519 Community Centre

Main Intersection: Church and Wellesley

Transportation: accessible by public transit? Yes

On-Site Contact person: Jasper Bryan, Emily Springgay

Email: jasper@queerarttherapy.com

Site Description: A 10-week Expressive Arts Therapy group offered in-person throughout the year with planning meetings online and in-person. This group is for participants who identify as bi+ (bisexual, pansexual, hetero/homoflexible, omnisexual, queer, curious, etc). The group will use art-making as a tool to explore our identities, foster creative expression, and help build connections and sense of bi+ community. Getting Bi+ is offered in collaboration with the Bi+ Arts Festival and the 519.

*Looking for queer or bi+ identified students.

Population: Individuals who identify as bisexual and under the Bi+ umbrella

Format: In person & Online

Setting: Group setting

Number of Students required: 1

Time Commitment: (Days of the week & schedule)

Materials and supplies: Yes

Supervision: No

Access to a workspace for planning and debriefing: Yes

5. Agency or Practicum Site: Hospice Toronto

Address: 120 Eglinton Ave. E suite 500

Main Intersection: Eglinton and Yonge

Transportation: accessible by public transit? Yes

On-Site Contact person: Marcela Lucia Rojas

Site Description: Hospice Toronto is a volunteer-based organization that provides compassionate at home care and support for people and their loved ones through all phases of their life-threatening illness, at no charge.

HT works on a care-team model meeting the needs of people who choose to die at home and their loved ones. HT offers: In-home hospice services, Grief and Bereavement Support, Young Carers Program, Community Based Day Hospice Program, Creating Caring Communities Program and Expressive Arts Therapy Program.

The Expressive Arts Therapy program has two (2) target goals: The first is to support all HT

Some organizations that the Expressive Arts Therapy Program at HT partners with are:

PWA (People with Aids Foundation)

ACT (Aids Committee of Toronto)

ACAS (Asian Community Aids Services)

PASAN

Maggie's Toronto

Dixon Hall

Latinos Positivos

Format: In person & Online

Setting: One on one & group setting

Number of Students required: 4 - 9

Time Commitment: (Days of the week & schedule) TBD by student and site coordinator

Materials and supplies: Yes

Supervision: No

Access to a workspace for planning and debriefing: Yes

For second and third years only

6. Agency or Practicum Site: Margarets.ca

Address: 301 Broadview Ave, Toronto, ON

Main Intersection: Gerrard & Broadview

Transportation: accessible by public transit? Yes

Site Description & Population: Supported residence for 14 women living in a kinship model and two crisis beds. There is a large garden, gazebo outside, food bank on site. The women who live here could be included in the area of the Controlled Act of Psychotherapy. The residents thrive more with supported living. In person EXAT could be possible according to comfort and the agreements of the ExAT team.

* To do a practicum placement at Margarets with Terri, requires a paragraph about why you would want to do a placement at Margarets and a current curriculum vita.

Contact: Terri Robertson - info@terriroberton.ca

Format: In person & Online

Setting: Group setting

Number of Students required: 1 or 2

Time Commitment: (Days of the week & schedule) Depends on the location

Materials and supplies: Yes

Supervision: Yes

Access to a workspace for planning and debriefing: Yes

Training provided: Yes

Locations

323 Dundas St. East

Margarets Expressive Arts Program

Supervisor: Terri Robertson, RP

Client population: Low barrier drop in with low income adults,

Concurrent Disorders present. Excellent experience working in the regulated area of the act of psychotherapy

17 Winchester

Margarets Expressive Arts Program

Supervisor: Terri Robertson, RP

Client population: A residence for 35 women who are more difficult to house.

Serious mental health issues present. Excellent opportunity for experience working in the regulated area of the act of psychotherapy.

301 Broadview

Margarets Expressive Arts Program

Supervisor: Terri Robertson, RP

Client population: A permanent residence for 15 women who are more difficult to house. Serious mental health issues present. Excellent opportunity for working in the regulated area of the act of psychotherapy.

877 Yonge St.

Margarets Expressive Arts Program

Supervisor: Terri Robertson, RP

Onsite Team Lead: José Echezuria

Client population: A residence for 160 low income newly housed adults

Possible mental health issues, developmental issues and or concurrent disorders.

Excellent opportunity for working in the regulated area of the act of psychotherapy.

7. Agency or Practicum Site: The Create Clinic

Address: 468 Queen St. East

Transportation: accessible by public transit? Yes

On-Site Contact person: Lesley Swartz and Lee Shields

Email: thecreateclinic@gmail.com

Site Description: The Create Clinic provides accessible and affordable expressive arts therapy to children, youth, adults, couples and families from diverse backgrounds. It serves people with a wide range of needs in the wider Toronto area. The fee is \$40/hour for individual work and \$50/hour for more than one person (couple or families).

The student therapy clinic operates from the core principles and theory of expressive arts therapy taught at The Create Institute which includes using play and imagination to support one's life struggles. Through visual art, movement, music, theatre, poetry and storytelling new possibilities emerge and clients gain awareness of how their resources allow them to overcome obstacles. Art making in relationship is at the heart of our approach to therapy.

Population: children, youth, adults, couples

Format: online and in-person

Setting: one-on-one

Time Commitment: based on demand

Materials and supplies: Yes

Supervision: Yes

Access to a workspace for planning and debriefing: Yes

For second and third years only

8. Agency or Practicum Site: ALPHA Alternative School

Address: 20 Brant St.

Main Intersection: King and Spadina

Transportation: accessible by public transit? Yes

On-Site Contact person: Diane Hamilton

Site Description: Elementary school in the TDSB, a democratic alternative school, from kindergarten to grade 6

Population: kids aged 6 to 12

Format: In person

Setting: one on one

Number of Students required: On student therapist to work with 4 individuals, (45 minute sessions with each).

Time Commitment: (Days of the week & schedule)

all-day Friday = From 9 am to 3 pm

Materials and supplies: Yes

Supervision: No

Access to a workspace for planning and debriefing: Yes

Training provided: No

9. Agency or Practicum Site: Stonegate Community Health Centre.

Address: 10 Neighbourhood Lane Unit 201 Toronto (Etobicoke) ON Main

Intersection: Queensway and Parklawn

Transportation: accessible by public transit? Yes

On-Site Contact person: Meena Chadha

Site Description: Stonegate Community Health Centre (SGCHC) works to improve the well-being of the Etobicoke community. SGCHC has the following services: medical; counselling; dietician; early years; good food market; dentistry; and senior services. The staff, and board, work together to identify individual and community needs. With the information, SGCHC works to respond to community, and individual, needs by providing accessible, and inclusive, health services and programs.

Population: seniors, families, adults

Format: In person

Setting: Group setting

Number of Students required: 2

Materials and supplies: Yes

Supervision: No

Access to a workspace for planning and debriefing: Yes

Training provided: No

For second and third years only

10. Agency or Practicum Site: CultureLink Settlement and Community Services.

Address: 2340 Dundas St W, Suite 301, Toronto, ON M6P 4A9

Main Intersection: Dundas St W & Bloor St W

Transportation: accessible by public transit? Yes

On-Site Contact Person: Siu Yip (Daniel) Tai

Site Description: (What does this agency offer, and what is its work approach?)

CultureLink is an IRCC-funded settlement service provider supporting newcomers to Canada through various programs. We assist them in finding employment, navigating the school system, developing essential skills, and making new connections within their local community.

The placement opportunity will focus on our Mental Health Program, where we provide brief counseling to newcomers with complex needs, as well as mental wellness group sessions that promote resilience and offer self-care and coping strategies through innovative approaches, such as the use of art. The placement student will be able to utilize and practice Expressive Art Therapy to serve newcomers in a group setting.

Population: Newcomers - adults

Format: In-person & online

Setting: group setting & 1:1

Number of Students required:

Time Commitment: (Days of the week & schedule)

1-2 days a week from Mon to Fri (Our office operates from 10 am to 6 pm). This will be defined by the contact site and the student's availability.

Type of Practicum: Arts-Based Facilitation & DCC

Materials and supplies: Yes

Supervision: Supervision provided by a social worker valid for arts-based facilitation. An offsite RP must supervise DCC hours.

Access to a workspace for planning and debriefing: yes

Training provided: Yes

NOTES:

The placement student must obtain a satisfactory Vulnerable Sector Screening Police Reference Check.
CultureLink can provide supervision by a BSW staff.

11. Agency or Practicum Site: Stedman Community Hospice

Address: 445 Grey St | Brantford, ON IN3S 6X1

Main Intersection:

Transportation: accessible by public transit? Yes

On-Site Contact Person: Josie Lopes

Site Description: (What does this agency offer, and what is its work approach?)

The largest Long Term Care Home in Brantford & Brant County - 205 beds

Population: multicultural adults

Format: In-person

Setting: Group setting

Number of Students required: 1

Time Commitment: (Days of the week & schedule)

Type of Practicum: Arts-Based Facilitation & DCC

Materials and supplies: Yes

Supervision: S

Access to a workspace for planning and debriefing: yes

Training provided: Yes

12. Agency or Practicum Site: The Dorothy Ley Hospice.

Address: 220 Sherway Drive Toronto, Ontario M9C 0A7

Main Intersection: West Mall and Sherway Drive. Across from Sherway Garden

Transportation: accessible by public transit? Yes or No "YES"

On-Site Contact Person: Roberto Do Nascimento

Site Description: Hospice, palliative care patients. Support for patient's family as well.

Population: multicultural adults

Format: In-person or online: In-person.

Setting: group setting or 1:1 both.

Number of Students required: 1 to 2

Time Commitment: (Days of the week & schedule) 1 day a week to be determined.

Type of Practicum: Arts-Based Facilitation or DCC: both

Materials and supplies: Yes or No: Yes, we supplied materials, any special directive to be planned of time. Budget to be discussed, in case extra materials requested.

Supervision: Yes or No: Yes. Supervision once a week individually, in case a second student onsite group supervision.

Access to a workspace for planning and debriefing: yes or no: Yes

Training provided: Any professional development provided by the hospice placement students are recommended to attend it. Orientation and questions/answers are available throughout the practicum.

13. Agency or Practicum Site: Chai Lifeline Canada.

Address: 300 Wilson Ave

Main Intersection: Bathurst and Wilson

Transportation: accessible by public transit? Yes

On-Site Contact Person: Sara Blum

Site Description: We support families who are facing life-threatening or lifeline by providing services that foster resilience and hope for the whole family. We lead with dedication and integrity and bring empathy, respect, and humility to the families and communities we serve. Each family has a designated case manager who arranges services according to the family's needs. All of the services are related to illness.

Population: families dealing with illness

Format: In-person

Setting: mostly 1:1 – some group work

Number of Students required: 1 (for now)

Time Commitment: Depends on mutually agreed days and hours

Type of Practicum: Arts-Based Facilitation & DCC

Materials and supplies: we provide all materials

Supervision: We have an onsite supervisor, but we recommend having private supervision.

Access to a workspace for planning and debriefing: yes

Training provided: yes

14. Agency or Practicum Site: Dori Zener & Associates (DZ&A)

<https://www.dorizener.com/>

Site Description:

At Dori Zener & Associates (DZ&A), we embrace and celebrate neurodiversity. Our therapy is tailored to affirm and support individuals of all neurotypes, creating a space where differences are acknowledged and truly valued.

Our path to creating this **inclusive space** has been a long and passionate journey. Every step has been guided by a **deep commitment** to providing a therapeutic environment that respects and honors diversity.

Address: To be confirmed

Main Intersection: Bloor and Euclid

Transportation: accessible by public transit? Yes

On-Site Contact Person: Sandra Cesario

(RP) - <https://www.dorizener.com/team/sandra-cesario>

Approaches used: Mindfulness, ExAT, Sensory integration, and body-based activities.

Population: Neurodivergent and autistic people.

Format: In person

Setting: group setting (6 to 8 participants)

Number of Students required: 2

Time Commitment: (Days of the week & schedule)

TBD

Type of Practicum: DCC

Materials and supplies: Yes

Supervision: Yes

Access to a workspace for planning and debriefing: yes

Training provided: Yes

15. Agency or Practicum Site: Sojourn House.

Address: 101 Ontario Street Toronto, ON M5A 2V2

Main Intersection: Queen & Parliament

Transportation: accessible by public transit? Yes

On-Site Contact Person: Andrea Herod

Site Description: Sojourn House Transitional Housing Program for refugee families.

This residential program houses around 30 refugee families with children ages 0-13.

The program is targeted to support clients within the realms of social services, healthcare, immigration, education, mental health, and more.

Population:

Refugee children ages 4-12

Format: In person

Setting: group setting and 1:1

Number of Students required: 3

Time Commitment: (Days of the week & schedule)

Wednesday's 6 pm-7 pm

Individual sessions as per parents' availability

Type of Practicum: Arts-Based Facilitation and DCC for 1:1
Materials and supplies: Yes
Supervision: No
Access to a workspace for planning and debriefing: yes
Training provided: yes

16. Agency or Practicum Site: COSTI Family and Mental Health Services

Address: 1700 Wilson Ave Suite105, Toronto, ON M3L 1B2

Main Intersection: Jane and Wilson

Transportation: accessible by public transit? Yes

On-Site Contact person: Lena De Nicola

Site Description: COSTI Immigrant Services is a community-based multicultural agency providing employment, educational, settlement and social services to all immigrant communities, new Canadians, and individuals in need of assistance. COSTI's Family and Mental Health Services provides culturally responsive counselling and community education in English, Arabic, Italian, and Spanish.

Looking for a Bilingual Student/Spanish-Speaking student.

We are currently running a virtual teen group and planning a women's bilingual in-person group. There might be a possibility to do clinical one-on-one, but this will be assessed later.

Population: Teens, Women

Format: In person and Online

Setting: group setting

Number of Students required: 1 or 2

Time Commitment: (Days of the week & schedule)

TBD

Type of Practicum: DCC

Materials and supplies: Yes

Supervision: No

Access to a workspace for planning and debriefing: Yes

Training provided: NO

17. Agency or Practicum Site: Family Service Toronto

Address: 355 Church Street

Main Intersection: Carlton and Church

Transportation: accessible by public transit? Yes

On-Site Contact person: Nicole Chow

Site Description: Community based counselling services. familyservicetoronto.org

Population: Women-identified adults (Violence against women)

Format: In person

Setting: Group Setting

Number of Students required: 2

Materials and supplies: Yes

Supervision: No

Access to a workspace for planning and debriefing: Yes

Training provided: Yes

18. Agency or Practicum Site: ARMAGH– Oakville/Mississauga & Brampton Area

Address: 1801 Lakeshore Road West, Mississauga (P.O. Box)

Main Intersection: 2 Locations - Please see comments.

Transportation: accessible by public transit? Yes

On-Site Contact Person: Cynthia Sophia Gonzales

Site Description: (What does this agency offer, and what is its work approach?)

The address listed above is our P.O. Box Office. The site's physical location will be given to any successful candidates.

Armagh is a second-stage transitional housing shelter that offers housing to women and their families fleeing GBV and IPV. Our program in Mississauga lasts two years. During that time, women work collaboratively with their team of transitional housing support workers and child and youth workers to achieve their goals, such as getting an education, acquiring a job, healing, working through legal struggles, gaining citizenship, etc.

Population: Child (3+) and Youth (12+)

Format: In-person

Setting: 1:1

Number of Students Required: 3 students (See details below)

Time Commitment: (Days of the week & schedule)

The schedule is flexible: Monday, Tuesday, Thursday, and Friday afternoons/evenings.

Type of Practicum: DCC

Materials and supplies: No (to be discussed with contact site)

Supervision: No

Access to a workspace for planning and debriefing: yes

Training provided: Yes

19. Agency or Practicum Site: ACCESS ALLIANCE

Address: 340 College St., Ste. 500, Toronto, ON M5T 3A9

Main Intersection:

Transportation: accessible by public transit? Yes

On-Site Contact Person: Nicole Chow

Site Description: Access Alliance provides services and advocates to improve health outcomes for immigrants, refugees, and their communities, which have been made vulnerable by systemic barriers and poverty-based counseling services.

familyservicetoronto.org

Population: Most clients have recently come to Canada as immigrants and refugees. They are a highly diverse group of people in terms of their countries of origin, their ethnocultural backgrounds, the languages they speak, and the circumstances under which they immigrated to Canada.

Format: In person

Setting: Group Setting

Number of Students required: 2

Materials and supplies: Yes

Supervision: Yes

Access to a workspace for planning and debriefing: Yes

Training provided: Yes

20. Agency or Practicum Site: WOODGREEN COMMUNITY CENTER

Address: 815 Danforth Avenue, suite 100, Toronto, ON, M4J 1L2

Main Intersection: Pape and Danforth

Transportation: accessible by public transit? Yes

On-Site Contact Person: Sara Prowse

Site Description:

- **Resources to find safe, affordable, and supportive housing**
- **Physical and mental health services delivered by an interdisciplinary team**
- **Seniors' services promoting health, active living and independence**
- **Assistance for neurodiverse adults and children and their caregivers**
- **Financial counselling and workshops to build financial skills**
- **Employment services and training opportunities to support job seekers**
- **High-quality child care and enriching after-school programs**
- **A wrap-around education and employment program for single mothers**
- **Settlement services for recent immigrants and refugees**
- **Youth social and mental health services designed by young people**

Our programs assist adults and children living with developmental disabilities to enhance their independence and quality of life. We provide access to affordable housing, financial counselling, health services, recreational activities and peer-led support programs for families and caregivers.

Format: In person

Setting: Group Setting Aand 1:1

Number of Students required: 2-3

Materials and supplies: Yes

Supervision: Yes

Access to a workspace for planning and debriefing: Yes

Training provided: Yes